

Suggested Use: Take one vegetable capsule per day. Take DIM with food and full glass of water.

Supports: Healthy estrogen levels in men and women through estrogen metabolism.*

What It Is: DIM is a dynamic phytonutrient found in cruciferous vegetables like broccoli, Brussels sprouts, and kale. BioPerine® has been shown to enhance bioavailability of DIM through optimal absorption.

Warning: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions. Keep out of reach of children. Do not use if safety seal is missing or broken.

BioPerine® is a licensed trademark of Sabinsa Corporation.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

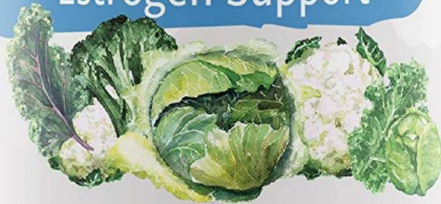
ONCE-DAILY CAPSULE

SmokyMountain**Naturals**™

DIM 200mg

+  BIOPERINE®

Estrogen Support*



60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount/Serving	% Daily Value
DIM (as Diindolylmethane)	200mg	**
BioPerine®	2.5mg	**
**Daily Value not established		

Other Ingredients: Vegetarian Capsule (Vegetable Cellulose and Water), Organic Wu-Flow® (Organic Brown Rice Concentrate)

Not manufactured with wheat, gluten, milk, eggs, shellfish, or tree nut ingredients.

Natural color variation may occur in this product. Store in a cool, dry place after opening.



Manufactured exclusively for:
Smoky Mountain Naturals
www.SmokyMountainNaturals.com

P.O. Box 101335
Nashville, TN