

AMINOLEAN™: THE SCIENCE

AminoLean™ helps give you the energy and nutritional value you need to build muscle and burn fat.* You can take AminoLean™ any time on both training and non-training days for energy, weight management and muscle recovery.*

- The comprehensive Amino Acid blend contains BCAAs and essential amino acids to help build and sustain lean muscle.*
- The Natural Energy and Focus Blend contains ingredients from trusted sources such as green tea and Theobromine that boost energy and enhance mental focus.*

The end result is a great tasting, easy-to-mix, energy drink that you can take any time to help build muscle and burn fat.* Use AminoLean™ Energy Formula to help take your daily performance to a new level and achieve a lean, muscular physique.*

- Essential Amino Acids to support lean muscle recovery*
- BCAAs to help build lean muscle*
- Natural Caffeine from Green Tea extract to help increase energy and enhance focus*
- L-Carnitine can help reduce the effects of Delayed Onset Muscle Soreness*

# of Servings	# of Scoops	Energy Intensity	Amino Blend	Weight Management Blend	Energy Blend
1	2	Low	5g	1.5g	130mg
2	4	Medium	10g	3g	260mg
3	6	High	15g	4.5g	390mg

RECOMMENDED USE: Take 2 scoops anytime throughout the day. Recommended to take a lower dosage in the evenings and higher dosage in the morning and on training days.*

*Do not exceed more than 8 scoops in any 24 hour period. Do not exceed 6 scoops in any 4 hour period. Use on both training and non-training days. Make sure to test your caffeine tolerance before taking the maximum dosage.



DISTRIBUTED BY
RSP NUTRITION
PO Box 398776
Miami Beach, FL 33239



MADE IN THE USA

This product contains ingredients of international and domestic origin

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RSP

AMINO LEAN™

ENERGY FORMULA

5 g
Amino Acid
Blend

1.5 g
Weight
Management
Blend

130 mg
Energy
Blend*

BLACKBERRY
POMEGRANATE
NATURAL & ARTIFICIAL FLAVORS

30 SERVINGS

DIETARY SUPPLEMENT NET WT 8.25 oz (234 g)

Supplement Facts

Serving Size: 2 Scoops (7.8 g)

Servings Per Container: 30

	Amount Per Serving	%DV*
Amino Acid Blend	5,000 mg	**
L-Taurine, Beta Alanine (CarnoSyn®), L-Leucine, L-Isoleucine, L-Valine, L-Glutamine, L-Citrulline, L-Arginine, L-Tyrosine, L-Histidine, L-Lysine Hydrochloride, L-Phenylalanine, L-Threonine, L-Methionine		
Weight Management Blend	1,500 mg	**
Conjugated Linoleic Acid Powder, L-Carnitine L-Tartrate, Green Tea Extract (Camellia Sinensis) (Leaf) (Standardized for 50% EGCG), Green Coffee Extract (Bean)		
Natural Energy and Focus Blend***	130 mg	**
Caffeine (from green tea), Theobromine		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

*** Total Caffeine from all sources is equal to 125mg per serving.

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Silicon Dioxide, Sucralose, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Malic Acid, Acesulfame Potassium, Calcium Silicate, Red #40

DIRECTIONS: Mix two scoops of AminoLean™ in 8-10 fl oz of cold water. For best results use in conjunction with a reduced calorie diet and exercise program. Store at room temperature.

DISCONTINUE USE TWO
WEEKS PRIOR TO SURGERY.

PHENYLKETONURICS:
CONTAINS PHENYLALANINE
NO ASPARTAME

IF YOU HAVE ANY HEALTH CONDITIONS, ARE PREGNANT, BREAST FEEDING OR TAKING MEDICATION, ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF SMALL CHILDREN.

WARNING: THIS PRODUCT CONTAINS A CHEMICAL KNOWN TO THE STATE OF CALIFORNIA TO CAUSE BIRTH DEFECTS, OR OTHER REPRODUCTIVE HARM. DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE PREGNANT, BREAST FEEDING, OR TAKING MEDICATION. ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF SMALL CHILDREN. THIS PRODUCT CONTAINS A CHEMICAL KNOWN TO THE STATE OF CALIFORNIA TO CAUSE BIRTH DEFECTS, OR OTHER REPRODUCTIVE HARM. DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY.

CarnoSyn
Carnosine Synthesizer

Natural Alternatives International
(NAI) is the owner of patents as
listed on www.carnosyn.com and
registered trademark CarnoSyn®.

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