SUGGESTED USE: As a dietary supplement, take one (1) capsule daily.

This supplement is designed for patients that have undergone gastric bypass, roux-en-y vertical sleeve and/or duodenal switch surgery\* Patients that have undergone adjustable band switch and similar surgeries should NOT be taking this vitamin. If unsure, consult your physician before using this product.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children younger than 6 years. Keep this product out of reach of children. If overdose does occur, seek immediate medical attention or call a poison control center.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured Exclusively for:

ProCare Health, LLC St. Charles, MO 63367 1-877-822-5808

www.procarenow.com











## MULTIVITAMINS MULTIVITAMINS MG IRON

ONCE DAILY 30 capsules

**Dietary Supplement** 

## **Supplement Facts**

Serving Size: 1 Capsule Servings Per Container: 30

Amount	Per Serving	KNI
Vitamin A (from Beta Carotene & Vitamin A Acetate)	10,000 IU	
Vitamin C (as Ascorbic Acid)	130 mg	70%
Vitamin D (as Cholecalciferol)	3,000 IU	217%
Vitamin E (as D-Alpha Tocopheryl Succinate)	60 IU	75%
Vitamin K (as Phytonadione)	120 mg	20%
Vitamin B1 (from Thiamine HCI)	20 mg	1508
Vitamin B2 (as Riboflavin)	12 mg	1,333% 708%
Niacin (as Niacinamide)	40 mg	
Vitamin B6 (from Pyridoxine HCI)	12 mg	500k
Folic Acid	800 mg	
Vitamin B12 (as Methylcobalamin)	1,000 mg	
Biotin	600 mg	
Pantothenic acid (from Calcium D-Pantothenate)	20 mg	2008
Iron (from Ferrous Furnarate)	18 mg	
lodine (as Potassium Iodide)	150 mg	
Magnesium	100 mg	
(from Magnesium Oxide, Magnesium Amino Acid Ch	nelate & Ma	gnesium Ctra
Zinc (from Zinc Oxide & Zinc Amino Acid Chelate)	15 mg	8
Selenium (from Selenium Amino Acid Chelate)	100 mg	8 10
	2 m	8 100
Copper (from Copper Gluconate)	2 m	8 10
Manganese (from Manganese Sulfate)	100 mg	2
Chromium (from Chromium Picolinate)		- 10
Molybdenum (from Molybdenum Amino Acid Chelate)	macium St	

Other Ingredients: Cellulose (Vegetarian Capsule), Magnesium Steadale Nei Microcrystalline Cellulose