

Get Healthy,[†] Deliciously

Milk chocolate vanilla cocoa flavor and a fluffy center combined with essential Vitamins and Nutrients to help support:

- * Overall Health and Wellbeing[†]
- ♥ A Healthy Immune System[†]
- 🦴 Muscular & Bone Health[†]
- ...and more![†]

Benefits have never tasted this good! Goli[®] Nutrition is an innovative, people-focused nutrition company, driven by the belief that happiness and wellness go hand in hand. Our mission is to help consumers reach their health goals through revolutionary, accessible and delicious products. Learn more at goli.com/bites

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in an FDA registered, cGMP certified facility in the U.S.A.

Health Simple.

No artificial flavors or colors.
No added preservatives.
Gluten-free. Vegetarian.

U D Kosher | Made in U.S.A. with local and globally sourced ingredients

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- Gluten-Free
- No Artificial Colors & Flavors
- Vegetarian
- Delicious Taste
- No Added Preservatives

goli[®]
BITES



MULTI

More than
10 Vitamins and
Essential Nutrients

Benefits in Every Bite

Vanilla Cocoa Chocolate Flavored Bites | 30 PIECES
PROMOTES OVERALL HEALTH[†]

DIETARY SUPPLEMENT

Suggested use: Enjoy one (1) piece as needed.

Supplement Facts

Serving Size: 1 Piece
Servings Per Container: 30

Amount Per Serving		%DV
Calories	25	
Total Fat	1.5 g	2%*
Saturated Fat	1 g	5%*
Total Carbohydrate	4 g	1%*
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%*
Vitamin A (as retinyl palmitate)	450 mcg	50%
Vitamin C (as sodium ascorbate)	23 mg	25%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as dl-alpha-tocopheryl acetate)	15 mg	100%
Niacin (as inositol niacinate)	8 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Folate (as folic acid)	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Chromium	88 mcg	250%
Sodium	15 mg	1%
Inositol	5 mg	**

* Percent Daily Values (DV) are based on a 2000 calorie diet
** Daily Value (DV) not established

Other Ingredients: Center (Sugar, Glucose Syrup, Sustainable Palm Oil, Milk Solids, Egg Whites, Cocoa Processed with alkali, Natural Flavors, Vegetable Monoglycerides, Salt, Baking Soda, Soy Lecithin, Stevia), Chocolatey Coating (Sugar, Sustainable Palm Kernel and Sustainable Palm Oil, Cocoa Processed with alkali, Milk, Soy Lecithin, Natural Vanilla Extract).

Allergens: CONTAINS MILK, EGG, AND SOY.
Manufactured in a facility that processes peanuts, milk, egg, and soy.
Take only as directed. Do not consume if you have any food allergies. Do not exceed suggested dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please seek the advice of a qualified health care professional before using.



Keep out of reach of children. Do not use if inner seal is broken or missing. Store in a cool, dry place.

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