

SUGGESTED USE: TAKE 3 CAPSULES DAILY WITH FOOD. FOR QUICKER RELIEF, TAKE A LOADING DOSE OF 6 CAPSULES DAILY FOR THE FIRST TWO WEEKS, OR AS DIRECTED BY A HEALTHCARE PRACTITIONER.

CAUTION: CONSULT A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS. GLUCOSAMINE IS DERIVED FROM SHELLFISH. PEOPLE ALLERGIC TO SHELLFISH SHOULD NOT CONSUME THIS PRODUCT.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

- PROMOTES JOINT HEALTH AND COMFORT*
- ASSISTS WITH JOINT MOBILITY AND FLEXIBILITY*
- SUPPORTS HEALTHY CARTILAGE*
- 3RD PARTY TESTED FOR PURITY, POTENCY AND FRESHNESS

FREE OF

SOY | WHEAT | MILK | EGG
SWEETENERS | CORN | PEANUTS

V2R4 - LOT# AND EXPIRATION DATE PRINTED ON THE BOTTOM OF BOTTLE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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VOSTOK



GLUCOSAMINE CHONDROITIN

TURMERIC & MSM

90 VEGGIE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Capsules / Servings Per Container: 30

	Amount Per Serving	%DV
Glucosamine Sulfate	1500mg	**
Bosweilla Extract	200mg	**
Chondroitin Sulfate	150mg	**
Turmeric	150mg	**
Quercetin	25mg	**
Methionine	25mg	**
MSM (Methylsulfonylmethane)	25mg	**
Bromelain	25mg	**

** Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable Capsule), Rice Flour.
Contains: Shellfish.

MANUFACTURED FOR:

VOSTOK

VOSTOK NUTRITION
11757 W. KEN CARYL AVENUE
SUITE F266
LITTLETON, CO 80127
VOSTOKNUTRITION.COM



**MADE IN
USA**

NO

ARTIFICIAL INGREDIENTS | COLOR ADDITIVES
CHEMICALS PRESERVATIVES