LIBBY/CHRISTENSEN * ALANINU/

Suggested Use: Mix 1/2 scoop in 6-8oz water 20-30 minutes before your workout. Once tolerance has been assessed, you may use one full serving (1 scoop ing sensation is normal and is due to the beta alanine. Be sure to stay hydra no have a great workout!

WARNING: Product contains 200mg of caffeine per serving. Do not consume more than one serving over 3-4 hours. Do not exceed more than 2 servings per day. Do not u sensitive to caffeine. Limit the use of caffeine-containing medications, foods, or be while taking this product because too much caffeine may cause nervousness, in sleeplessness, and occasionally, rapid heartbeat. Consult a physician before use if y pregnant, lactating, have a medical condition (including but not limited to, hype unyrold conditions), or taking any medication. Not recommended for use by children 18 years of age. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to the intended to diagnose, treat, cure or prevent any disease.







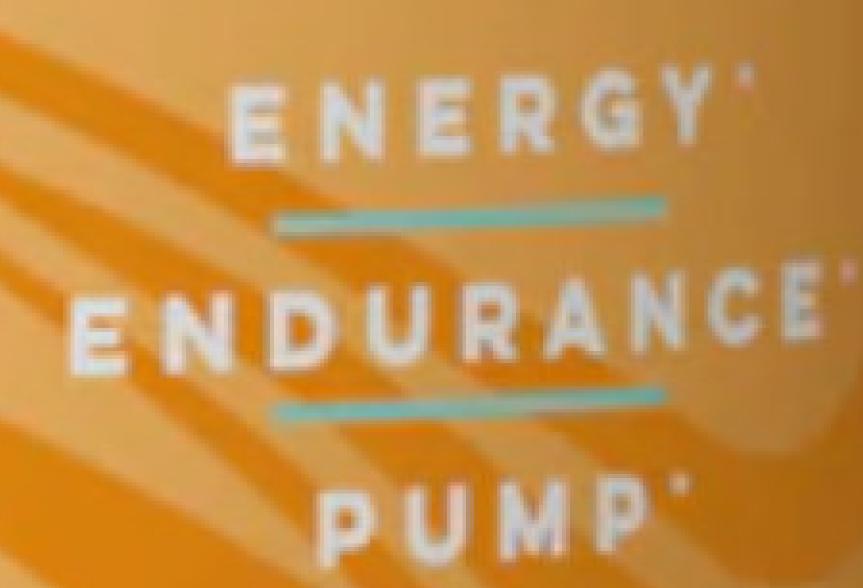














Serving Size:	1 Scoop (10.4g)
Servings per	Container: 30

	Amount Per Serving	%DV
L-Citrulline Malate 2:1	6 g	†
Beta-Alanine	1.6 g	+
L-Tyrosine	500 mg	†
Caffeine	200 mg	†
(from Coffea arabica [Bean] Extra	act)	
L-Theanine	200 mg	†

Daily Value (DV) Not Established

Other Ingredients: Natural and Artificial Flavors, Silica Citrate, Ultrasmooth CL (Guar Gum, Gum Acacia, Xanthar Tartaric Acid, Sucralose, Acesulfame Potassium, Stevia Le Paprika (Natural Orange Color).



ntaining milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.