CAUTION: PUMP FUEL® INSANITY IS AN ELITE ALL-IN-ONE PRE-WORKOUT FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

SUPPORT FOR: Strong nitric oxide boost for intense muscle pumps, maximum power output, insane energy and focus, enhanced endurance, quicker muscle recovery, and extreme performance. FUEL UP AND TRAIN INSANE!

DESCRIPTION: ULTRA PUMP FUEL INSANITY is the 5th generation of our wildly popular PUMP FUEL pre-workout supplement. Since 2005 PUMP FUEL has been fueling workouts all across the country, and taking results above and beyond expectations. It is beyond comprehension how hard PUMP FUEL INSANITY hits!

This ULTRA version of PUMP FUEL INSANITY increases the focus on the product's PUMP-benefit. With 30 powerpacked servings per container, each scoop of PUMP FUEL INSANITY contains the CLINICALLY STUDIED and TRUTH-IN-LABELED ingredients needed to provide a truly unrivaled experience in the gym! So what are you waiting for? FUEL UP! Take your workouts to the next level with MAXIMUM ENERGY, and use PUMP FUEL INSANITY's HIGH PERFORMANCE-BASED INGREDIENTS toward your next ULTRA WORKOUT EXPERIENCE!

Or for those looking for a lighter stimulant level, consider PUMP FUEL Medium Stim or PUMP FUEL Caffeine Free.

SUGGESTED USE: PUMP FUEL INSANITY IS A HIGH-STIMULANT PRE-WORKOUT FORMULA! Mix 1 scoop of Pump Fuel INSANITY with 16 – 20 fl. oz. of cold water (adjust to desired taste) and consume 30 – 45 minutes prior to workout. FOR BEST RESULTS take Pump Fuel INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (1 Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. STORE IN A COOL, DRY PLACE, AVOID EXCESSIVE HEAT.

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on pmdsports.com. For an approved list of retailers, go to pmdsports.com.

CALIFORNIA RESIDENTS WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.









Share what this #PUMPFUEL did for you @PMDSPORTS

PROFESSIONAL MUSCULAR DEVELOPMENT

ULTRA INSANITY

ALL IN ONE PRE-WORKOUT

CITRULLINE MALATE





GLYCO|LOAD ABSORPTION

MIAMI SUNRISE NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT | **30 SERVINGS** | NET WT 2.05 LBS (930 G)

FUEL UP WITH THESE FULLY DOSED KEY INGREDIENTS

500mg 3.2g

PUMP FUEL® INSANITY v.5 Blend Supplement Facts

Serving Size 1 Scoop (31 g) Servings Per Container 30

Amount Per Serving		%DV
Calories	70	
Total Carbohydrate	12 g	4%**
Total Sugars	<1 g	t
Includes <1 g Added Su	ıgars	1%
Vitamin C (Ascorbic Acid)	125 mg	139%
Calcium	10 mg	<1%
Magnesium (as Magnesium Creatine Che	120 mg elate)	29%
Chromium (as Chromium Picolinate)	125 mcg	357%
Sodium	10 mg	<1%
Potassium (as Potassium Citrate)	150 mg	3%

Citil Tobb IIII III No Diche	20//04 mg (2/10 g/	
RAPID ATP™ Blend	3,000 mg (3.0 g)	†
Creatine (Kre-Alkalyn®)	1,500 mg (1.5 g)	
Magnesium Creatine Chelate	1,500 mg (1.5 g)	
(Creatine MagnaPower™)		

NITRO PUMP™ XTREME Blend	6,500 mg (6.5 g)	
L-Citrulline Malate	6,000 mg (6.0 g)	
Inositol-Stabilized Arginine Silicate	500 mg	
(Nitrosigine®)		
DETA LI™ DI I	E 700 /E 7\	

BETA pH™ Blend	5,700 mg (5.7 g)
Beta-Alanine	3,200 mg (3.2 g)
Betaine Anhydrous	2,500 mg (2.5 g)

AMINO ENERGY FOCUS UPTAKE Blend 1,354 mg (1.4 g) † Amino Complex:

Taurine, L-Glutamine Alpha Ketoglutarate, N-Acetyl-L-Glutamine, L-Glutamine, L-Isoleucine, L-Leucine, L-Valine

Insane Energy Focus Complex:

Caffeine Anhydrous (325 mg), Yohimbe Bark Extract, L-Carnitine L-Tartrate, Phosphatidyl Serine, L-Tyrosine, Huperzia serrata Club Moss Extract (Std. 1% Huperzine A)(100 mcg)

GLYCO LOAD ABSORPTION Blend 12,430 mg (12.4 g) †

Dextrin Complex: Maltodextrin, Dextrin, Waxy Maize, Glycerol Insul Load™ Complex: Alpha Lipoic Acid, Chromium Picolinate

Other Ingredients: Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, Calcium Carbonate, FD&C Yellow 5, FD&C Red 40. \ CONTAINS: Soy (Lecithin) and Tree Nut (Coconut). FREE OF: Gluten, Lactose, Preservatives, Aspartame, Yeast.

Kre-Alkalyn® is protected by US Patent #6,399,661 and is a registered trademark of All American Pharmaceutical. Creatine MagnaPower™ is a trademark of Albion Laboratories, Inc. Nitrosigine®, including the Nitrosigine® logo, is a registered trademark of Nutrition 21, LLC. Nitrosigine® is patent protected. BETA pH™ is a trademark of FitLife Brands, Inc. Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:



5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: PMDSports.com

^{**} Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.