AMPLIFY® XL IS A DELICIOUS PROTEIN BLEND THAT CAN BE USED EVERY DAY AND BY EVERY BODY!

SUPPORT FOR: Greater increases in muscle strength, mass, energy, toning, recovery and performance.*

DESCRIPTION: Amplify® XL offers a premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Delayed release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and delayed-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND
Amplify XL is fortified with a seeds and greens health blend to support additional benefits. Coconut helps provide electrolytes and supports rehydration post-workout.*

HYDRO GREENS Seeds + Greens + Hydration BLEND

BIOAVAILABILITY
The protein sources found in Amplify XL rank highest on the biological value scale. Amplify XL comes with a **PURE PROTEIN GUARANTEE** (No Amino Spiking), so you can be confident you are using the highest quality protein in every scoop.

PURE PROTEIN GUARANTEE NO Amino Spiking

SUGGESTED USE: Mix 1 heaping scoop of **AMPLIFY® XL** to 8 fl. oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.*
If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, protein powder can experience small fluctuations in density leading to very slight variations in scoop serving size. *To be used as part of a physical conditioning program.*

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on pmdsports.com. For an approved list of retailers, go to pmdsports.com.

CALIFORNIA RESIDENTS
WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Share what this #AMPLIFYXL did for you @PMDSPORTS

PROFESSIONAL MUSCULAR DEVELOPMENT

PMD®

AMPLIFY XL®

PREMIUM PROTEIN

25g PROTEIN | 5g GLUTAMINE△ | 5.4g BCAAS | HYDRO GREENS Blend | PROMAX™ DIGESTIVE BLEND

PEANUT BUTTER CUP NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT | **24 SERVINGS** | NET WT 2.2 LBS (1.0 KG)

ALL-IN-ONE PREMIUM PROTEIN BLEND FORMULATED FOR RESULTS

COMPLETE PROTEIN FOR ENHANCED ABSORPTION, LEAN MUSCLE AND RECOVERY*

25g	1.25g	300mg	5g	5.4g
PROTEIN	SEEDS AND GREENS HEALTH	DIGESTIVE ENZYMES	GLUTAMINE△	BCAAS

Supplement Facts

Serving Size 1 Scoop (42 g)
Servings Per Container 24 Servings

	Amount Per Serving	%DV
Calories	160	
Total Fat	4 g	5%**
Saturated Fat	1.5 g	8%**
Cholesterol	75 mg	25%
Total Carbohydrate	7 g	3%**
Dietary Fiber	3 g	11%**
Total Sugars††	2 g	†
Protein	25 g	50%**
Vitamin A (as Retinyl Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	15 mg	17%
Vitamin E (as D L-Alpha Acetate)	6.75 mg	45%
Thiamin (as Thiamin HCl)	0.15 mg	13%
Riboflavin	0.17 mg	13%
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%
Vitamin B6 (as Pyridoxine HCl)	0.2 mg	12%
Folate	68 mcg DFE (40 mcg Folic Acid)	17%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%
Pantothenic Acid (Vitamin B5)	1 mg	20%
Calcium	175 mg	13%
Iron	0.8 mg	4%
Sodium	150 mg	7%
Potassium	70 mg	1%

	Amount Per Serving	%DV
Premium Protein Blend	**25 g**	†
Quick Release Blend Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate		
Delayed Release Blend Egg Protein		
Hydro Greens Blend	**1,250 mg (1.25 g)**	†
Seed Health Blend Flax Seed Powder, Chia (*Savia hispanica*) Seed Powder	**1,000 mg (1.0 g)**	†
Greens Health Blend Coconut (*Cocos nucifera*) Water Powder, Blue Green Algae (*Spirulina sp.*) Whole Plant, *Chlorella pyrenoidosa* Whole Plant Powder, Wheat Grass (*Triticum aestivum*) Aerial Powder (Gluten Free), Maca (*Lepidium meyenii*) Root Extract 4:1	**250 mg**	†
Promax™ Digestive Enzyme Blend	**300 mg**	†
Lipase, Protease, Amylase, Bromelain (*Anana comosus*) Stem Extract, Cellulase		

** Percent Daily Values (DV) based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Amino Acids (Approx. Values)	25 g
BCAA + INFUSION	
L-Glutamine△	5 g
L-Leucine	2.5 g
L-Isoleucine	1.5 g
L-Valine	1.4 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

△Denotes naturally occurring and added free form amino acid.

††Indicates naturally occuring sugar derived from whey protein blend sources.

Other Ingredients: Fibersol® -2, Peanut Flour, Natural and Artificial Flavors, Dutch Process Cocoa, Xanthan Gum, Carboxymethylcellulose, Soy Lecithin (Emulsifier), Salt, Sucralose, Acesulfame Potassium, Dicalcium Phosphate. \ **CONTAINS: Milk, Egg, Peanut, Soy, Tree Nut (Coconut), Wheat Products.** \ **FREE OF: Added Sugar, Aspartame, Gluten, Trans Fats, Soy Protein, Yeast, Preservatives, Artificial Colors.** \ **Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:**

PLEASE RECYCLE

FITLIFE BRANDS

5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: **PMDSports.com**