

SUPPLEMENT FACTS

Serving Size: 4 Tablets Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin A (Natural Beta-Carotene)	3333 IU	66%
Vitamin C (Natural Ascorbic Acid)	160 mg	266%
Vitamin D (Natural Ergocalciferol)	2.667 IU	667%
Vitamin E (as Natural Alpha-Tocopheryl Acetate)	40 IU	133%
Vitamin K2 (Natural)	120 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	33 mg	2167%
Riboflavin (Vitamin B-2) (as Riboflavin)	33 mg	1,961%
Niacin (as Natural Nicotinamide)	33 mg	167%
Vitamin B-6 (as Natural Pyridoxine HCl)	33 mg	1667%
Folic Acid (Natural)	553 mcg	133%
Vitamin B-12 (Natural Cobalamin)	667 mcg	11110%
Biotin (as Natural d-Biotin)	1.333 mcg	444%
Pantothenic Acid (as Natural d-Calcium Pantothenate)	40 mg	400%
Calcium (as Natural Calcium Carbonate)	160 mg	16%
Iron (Natural Ferrous Sulfate)	24 mg	133%
Iodine (as Natural Magnesium Oxide)	200 mcg	133%
Zinc (as Natural Zinc Oxide)	80 mg	20%
Selenium (Natural L-Selenomethionine)	20 mcg	133%
Copper (as Natural Cupric Gluconate)	33 mcg	45%
Manganese (as Natural Manganous Gluconate)	0.6 mg	33%
Chromium (as Natural Chromium Picolinate)	2.6 mcg	133%
Molybdenum (as Natural Sodium Molybdate)	133 mcg	110%
Sodium	68 mcg	91%
Potassium (as Natural Potassium Chloride)	13 mg	<1%
Choline (as Choline Bitartrate)	66 mg	*
Inositol (Natural)	13 mg	*
Boron (Sodium Borate)	13 mg	*
DNA (Natural Deoxyribonucleic Acid)	1 mg	*
RNA (Natural Ribonucleic Acid)	1 mg	*
Lutein (Natural)	13 mcg	*

	Amount Per Serving	% DV
Organic Vegetable Blend		
(Parsley Powder, Garlic (Allium sativum) (bulb), Beet Root Powder, Carrot Powder, Asparagus Powder, and Extracts of Broccoli, Cabbage, Brussels Sprouts, Cauliflower, and Kale)	133 mg	*
Organic Fruit Blend		
(Pineapple Fruit Powder, Grapefruit Extract, Apple Powder (Malus pumila) (fruit), Peach (Prunus), Strawberry (Fragaria virginiana) (fruit), Acai (Euterpe oleracea) (fruit), Cranberry (Vaccinium macrocarpon) (fruit), Blueberry (Vaccinium corymbosum) (fruit), Bilberry Extract (Vaccinium myrtillus) (fruit) Pomegranate Extract (Punica granatum) (seed and peel), Pomegranate (Punica granatum) (fruit), Orange (Citrus sinensis) (fruit), Rose Powder (Rosa carolina) (fruit))	133 mg	**
Organic Mushroom Blend		
(Shiitake (Lentinus edodes) (mushroom), Maitake (Grifola hirsuta) (mushroom), Reishi (Ganoderma lucidum) (mushroom))	66 mg	**
Organic Bio Complex		
(Carna Biohermox Complex (Citrus spp.) (juice), Hesperidin Complex (Citrus spp.) (fruit), Rutin, Quercetin)	66 mg	*
Digestive Enzyme Blend		
(Betaine Hydrochloride, Bromelain (from Pineapple), Papain (Papaya Enzyme), Amylase, Lipase, Cellulase, Protease)	66 mg	*
Probiotic Blend		
(B. bifidum, L. acidophilus)	33 mg	*
Omega Blend		
(Flaxseed, Sunflower Oil, Borage Powder (Contains Omega-3 11 mg and Omega-6 4 mg))	133 mg	*
Organic Greens and Whole Food Blend		
(Spinach (Spinacia oleracea), Chlorella (Chlorella vulgaris) (plant), Oat Extract (Avena sativa) (cereal), Apple Pectin (fruit), Barley Grass (Hordeum vulgare) (cereal), Sodium Copper Chlorophyllin)	603 mg	*
Organic Herb Blend		
(Mint (Mentha arvensis) (herb), Ginger (Zingiber officinale) (root), Milk Thistle (Silybum marianum) (seed), Cardamom (Elettaria cardamomum) (rhizome), Korean Ginseng Extract (Panax ginseng) (root), Gotu Kola Extract (Gynostemma pentaphyllum) (root), Organic Saw Palmetto, Organic Decal Green Tea (leaf extract), Organic Turmeric (root extract), Organic Ceylon Cinnamon, Goldenseal (Hydrastis canadensis) (root))	133 mg	*
Coenzyme Q10 (CoQ10), Astaxanthin (from Algae), Zearaerin		

(NDV) Daily Value not established.
Percent Daily Values are based on a 2000 Calorie Diet.
Other Ingredients: Vegetable Cellulose, Silica. Contains <2% of Vegetable Magnesium Stearate, Vegetable Stearic Acid.

100% ORGANIC

MADE WITH REAL
FRUITS & VEGETABLES*

NATURAL SUPPORT FOR:
SKIN, BRAIN, HEART,
EYE AND GUT HEALTH



120 POWERFUL TABLETS

WHOLE SOME
WELLNESS

WHOLE FOOD
MULTI-VITAMIN

SPECIALLY FORMULATED FOR WOMEN



SUGGESTED USE:



Take 4 tablets daily with a meal for the best optimal results.
2 tablets with breakfast and 2 tablets with dinner.

CAUTION:

Keep out of reach of children. As with any dietary supplement,
consult with a healthcare practitioner prior to use.

NO

ARTIFICIAL COLOR OR FLAVOR,
PRESERVATIVES, SUGAR, MILK, LACTOSE,
GLUTEN, WHEAT, FISH.



DO NOT USE IF SAFETY SEAL
IS DAMAGED OR MISSING.

These statements have not been evaluated by the
FDA. This product is not intended to diagnose, cure,
treat or prevent any disease.

TELL US WHAT YOU THINK

- Have a question? Not Happy with the Product?
- Please email us and we will make it right.

support@wholesome-wellness.com

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