

**MOTHER NATURE'S HELPER  
FOR A GOOD NIGHT'S SLEEP!\***

**Suggested Use:** Take two (2) capsules one hour before going to bed or as directed by your healthcare professional.

Scientific research makes it clear that sleep is essential at any age. Sleep powers the mind, restores the body, and fortifies virtually every system in the body. **Simply Snooze** is formulated with known key ingredients to help achieve the best quality of sleep.\*

Please consult your healthcare practitioner before using any nutritional supplement, especially if you are taking medications on a regular basis, anticipate surgery, or are otherwise under medical supervision. Product not intended for use by children under 18 or women who are pregnant or lactating.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

IVL001

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# **SIMPLY SNOOZE**

**SLEEP FORMULA**

Promotes Relaxation\*  
Healthy Sleep Support\*  
Sleep More Soundly\*

**DIETARY SUPPLEMENT | 60 CAPSULES**

## **Supplement Facts**

Serving Size: 2 Capsules  
Servings Per Container: 30

Amount Per Serving		%DV**
Vitamin B6	4mg	236%
Valerian root	486mg	†
L-Theanine	180mg	†
Chamomile flower	134mg	†
5-HTP	90mg	†
Melatonin	6mg	†

† Daily Value not established.

\*\*Percent Daily Value (%DV) based upon 2,000 calorie diet.

**Other Ingredients:** Vegetarian Capsule

Manufactured for:

**Independent Vital Life, LLC**

PO Box 3520 Cottonwood, AZ 86326

To Reorder Call: 800-218-1379

www.IVL.com

