

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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supplements



Certified Gluten-Free
by the Gluten-Free
Certification
Organization,
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Choline (bitartrate)

*Supports healthy methylation, cell function,
and neurotransmission[†]*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

100 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 100

	Amount Per Serving	%DV
Choline (as choline bitartrate)	275 mg	50%
% Daily value (DV)		

Other ingredients: vegetarian capsule (cellulose, water),
tri-magnesium citrate

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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