

DIRECTIONS FOR USE: To assist with athletic performance* take one (1) or more capsules with eight (8) ounces of liquid one hour prior to exercise according to the following chart. Take one (1) to two (2) capsules one hour after exercise. Store in a cool, dry place.

Exercise Duration	Body Weight (Pounds)		
	100-160	161-195	195+
30 min. to 1 hour	1 capsule	1 to 2	1 to 2
1 hour to 2 hours	1 to 2	2	2
2+ hours	2 to 3	3	3 to 4

WARNINGS: KEEP OUT OF REACH OF CHILDREN. If you are pregnant or lactating, are diabetic, are hypoglycemic, or have a known medical condition, you should consult with a physician prior to taking supplements.

GARANTEE: No added sugar, wheat, yeast, or dairy products. No preservatives, artificial colors, or flavors.

Do not use if safety seal is broken or missing.



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Batch No:
Exp:



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIETARY SUPPLEMENT

OverDrive®

PERFORMANCE* ENHANCEMENT

**Supports optimal athletic
performance and post-
exercise recovery***



60 CAPSULES

Supplement Facts

Serving Size One Capsule

Amount Per Capsule	% Daily Value	
Vitamin A (100% as Beta-Carotene from <i>Danalella Salina</i>)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin E (as d-Alpha Tocopheryl Succinate)	75 IU	250%
Thiamin (as Thiamine Mononitrate)	0.75 mg	50%
Riboflavin (as Riboflavin)	0.85 mg	50%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	1 mg	50%
Folate (as Folic Acid)	100 mcg	25%
Vitamin B ₁₂ (as Cyanocobalamin)	3 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Magnesium (as Magnesium Aspartate, Magnesium Oxide)	60 mg	15%
Selenium (as L-Selenomethionine)	35 mcg	50%
Chromium (as Chromium Chelate)	100 mcg	83%
Bromelain (from Pineapple Extract)	50 mg	*
Papain (from Papaya Extract)	50 mg	*
Citrus Bioflavonoid Complex	50 mg	*
Real Salt® Powder**	50 mg	*
n-Acetyl-L-Cysteine	20 mg	*
Quercetin	12.5 mg	*
Grape Seed Extract	2.5 mg	*

*Daily Value not established.

Other Ingredients: Gelatin, Magnesium Stearate, Croscarmellose, Silicon Dioxide.

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