

DIRECTIONS Cold Snap® is a strengthening and restorative herbal combination that can be taken by all ages at any time of the year.**

BASIC WAY Take two capsules three times a day.

ANOTHER WAY Throw out the notion that a printed set of directions will provide the exact answer. Consider size, constitution, timing and other factors affecting each unique person. Frequent use (as often as every 20 minutes) may be required in certain circumstances. With more experience and some anticipation, you won't need to consume a large quantity of herbs.

SUGGESTED MAXIMUM AMOUNT No more than 24 capsules per day.

FOR CHILDREN UNDER AGE 12 Start with one capsule and increase gradually, no more than eight capsules in one day.

**The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.



20 Herbs To Restore Righteous Chi**



**COLD
SNAP®**

HERBAL SUPPLEMENT

60 CAPSULES

NET WT 1.06 OZ (30 GRAMS)

Supplement Facts

Serving size: two capsules

Servings per container: 30

Amount per serving	% Daily Value
Cold Snap® Blend	1.0g*

phragmites (root), forsythia (fruit), Japanese honeysuckle (flower), burdock (fruit), prepared soybean, lophatherum (leaves), balloon flower (root), Chinese thoroughwort (root), schizonepeta (herb, flower), pinellia (root), jujube (fruit), Chinese skullcap (root), Asian ginseng (root), Chinese mint (leaves), ginger (root), licorice (root), dong quai (root), white peony (root), Sichuan lovage (root), rehmannia (root)

*Daily Value not established

Other ingredients: non-gmo cornstarch, gelatin

DISTRIBUTED BY

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