

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, children age 3, take 2 gummies daily, with a meal. Adults and children ages 4 and up, take 4 gummies daily, with a meal.

Warning: Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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hypoallergenic supplements

Use only if safety seal
is intact.

Contents may not fill package
in order to accommodate
required labeling. Please rely
on stated quantity.

pure
encapsulations®

PureNutrients Gummy

*Great-tasting daily multivitamin gummy
for adults and children*

Natural raspberry-lemonade flavor

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
100 GUMMIES



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Supplement Facts

Serving size	2 gummies (4.4 g) (age 3)	4 gummies (8.8 g) (ages 4+)
Servings per container	50	25
	Amount Per Serving	%DV
Calories	15	30
Total Carbohydrate	4 g	3% [^]
Total Sugars	1 g	* [^]
Includes 1 g of added sugar (2 gummy dose)		4% [^]
Includes 2 g of added sugar (4 gummy dose)		
Vitamin A (as vitamin A palmitate and 60% beta carotene)	375 mcg	125%
Vitamin C (as ascorbic acid)	40 mg	267%
Vitamin D (as cholecalciferol (D ₃))	12.5 mcg (500 IU)	83%
Vitamin E (as d-alpha tocopherol acetate)	5 mg	84%
Vitamin K (as Vitamin K ₁)	60 mcg	200%
Thiamin (as thiamin mononitrate)	0.75 mg	150%
Riboflavin	0.85 mg	170%
Niacin (as niacinamide)	5.5 mg	92%
Vitamin B ₆ (as pyridoxine HCl)	2.5 mg	500%
Folate (as Metafolin®, L5-MTHF)	200 mcg DFE (120 mcg L5-MTHF)	133%
Vitamin B ₁₂ (as methylcobalamin)	50 mcg	5,556%
Biotin	50 mcg	625%
Pantothenic acid (as calcium pantothenate) (B ₅)	2.5 mg	125%
Choline (as choline bitartrate)	15 mg	8%
Iodine (as potassium iodide)	56 mcg	62%
Zinc (as zinc citrate)	4.5 mg	150%
Chromium (as chromium picolinate)	25 mcg	227%
Sodium (naturally occurring)	12 mg	1%
Berry/Fruit blend (organic)	50 mg	*
strawberry fruit, raspberry fruit, blueberry fruit, tart cherry fruit, pomegranate fruit, cranberry fruit, orange fruit, lemon fruit		

* Daily value (DV) not established

[^] Percent daily values are based on a 2,000 calorie diet

^{^^} Percent daily values are based on a 1,000 calorie diet

Other ingredients: isomaltoligosaccharides, purified water, apple puree, cane sugar, pectin, natural raspberry and lemon flavors, citric acid, sodium citrate, natural black carrot color, organic stevia leaf extract, organic sunflower oil, carnauba wax, medium chain triglycerides, hydroxypropyl cellulose, glycerin

manufactured in Canada for: **Pure Encapsulations**
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code: **PNG1**