



ACTIVE NUTRITION



PLANT PROTEIN

+ POWER HERBS

CHOCOLATE

✓ NO ADDED SUGARS

Nutrition Facts	
15 servings per container	
Serving size	2 scoops (45g)
Amount per serving	
Calories	160
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 50mg	1%
Total Carbohydrate 18g	4%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 20g	80%
Vitamin D 0mcg	0%
Calcium 100mg	2%
Iron 1.5 mg	5%
Potassium 100mg	2%
Sodium 50mg	1%
Vitamin B6 1mg	60%
Folate 200mcg DFE	50%
(7.50mcg DFE as folic acid)	
Vitamin B12 1.0mcg	60%
Magnesium 80mg	20%
Cinnamomum 500mg	100%

INGREDIENTS: Chickpea Protein, Brown-Rice Protein, Ceylon Cinnamon, Sunflower Creamer, Natural Vanilla Flavor with other natural flavors, Calcium AAC, Gum Blend (guar gum, gum arabic, xanthan gum), Magnesium AAC, Reamond Salt, Herbs (TSP), Herbal mTOR Activator, Stevia Leaf Extract, Herbal AMPK Activator, Monk Fruit, Folic Acid, Vitamin B6, Thiamin, Chromium Piccolite, Vitamin B12.



EXPECT MORE FROM YOUR PROTEIN

AVIA™ presents a break-through in plant-based protein supplementation. This clean source of essential amino acids has been amplified with 100% natural herbal blends for:

- Energy & Endurance
- Body Strength & Lean Muscle Mass
- Recovery

Your muscle cells contain sensors called mTOR and AMPK. When triggered, mTOR activates muscle protein synthesis to build lean muscle. AMPK activates autophagy, allowing your cells to recycle and reactivate ATP energy. AVIA™ triggers these sensors in the best way—with the natural power of potent, dynamic herbs.

DIRECTIONS: MIX TWO SCOOPS (45G) OF POWDER INTO 9 OZ. OF WATER OR BEVERAGE OF CHOICE.

*This is a statement only for use as a dietary supplement. It is not intended to diagnose, treat, cure, or prevent any disease.

20G PROTEIN PER SERVING
HERBAL mTOR + AMPK ACTIVATORS
6G NET CARBS
NO SUGAR ADDED



15 SERVINGS - NET WT 1.58 LBS (716 G)



THE PROOF IS IN THE PROTEIN

AVIA™ combines ingredients that support energy & endurance, increase body strength & lean muscle mass, and improve recovery times, when combined with proper exercise. Clinical studies confirm this. It's not our best guess. It's your best protein. AVIA™ Active Nutrition is for you, your goals, your lifestyle.

Manufactured by Nature's Sunshine Products, Inc.
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We are committed to you and our planet.
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