



ACTIVE NUTRITION



MCT POWDER
30 SERVINGS



DIETARY SUPPLEMENT • NET WT 0.59 LBS (266 G)

Supplement Facts

Serving Size 2 Scoops (9 g)
Servings Per Container 30

	Amount Per Serving	%Daily Value*
Calories	80	
Total Fat	6 g	8%
Saturated Fat	6 g	30%
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrate	2 g	1%
Dietary Fiber	2 g	7%
Total Sugars	0 g	
Calcium	17 mg	1%
Potassium	19 mg	0%
C8 - Caprylic Acid (FA)	3.1 g	†
C10 - Capric Acid (FA)	1.7 g	†

*Percent Daily Values are based on a 
†Daily Value not established.

INGREDIENTS: Liquid Coconut Oil, Gum Arabic, Silicon Dioxide.

Produced in a facility that processes dairy.



Consuming clean, natural fats like AIVA™ MCT is essential to successful Keto dieting. Healthy fats facilitate the production of ketones in the body—the primary source of energy for Keto dieters. In combination with a healthy diet, these fats can also help to:

- ▶ Support satiety*
- ▶ Improve energy levels*
- ▶ Burn fat*
- ▶ Support cognitive function and mental clarity*

AIVA™ MCT Powder was formulated by herbal experts with the most effective ketogenic fats—Caprylic acid (C8) and Capric acid (C10)—from coconut oil, to help you achieve your active nutrition goals.*

DIRECTIONS: MIX TWO SCOOPS (9G) WITH AIVA PROTEIN SHAKE OR OTHER FOOD/BEVERAGE OF CHOICE. TAKE ONE TO TWO SERVINGS PER DAY.

*The no-stimulant side effect is also seen in studies by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



We are committed to you and our planet. Scan to learn more.



Manufactured by Nature's Sunshine Products, Inc.
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