

RAPID DAILY HYDRATION*

Designed by herbal experts, AIVIA™ Hydrate provides a unique blend of clean ingredients, essential electrolytes and trace minerals for optimal hydration. Refreshing, powerful and light, Hydrate amplifies your H₂O performance.*

Alanyl Glutamine helps accelerate recovery by enhancing water and electrolyte absorption.*

L-Glutamine and Arabinogalactan supports the gut lining, microbiome and gut immune response to help protect against gastrointestinal distress.*

Nopal Leaf, part of the prickly pear cactus that survives in hot, dry climates, has a rich phytonutrient composition including polyphenols, vitamins, fatty acids and amino acids that support your active lifestyle.*

BENEFITS

- Replenish electrolytes*
- Accelerate recovery*
- Increase endurance*
- Improve performance*
- Hydrate effectively*

POWERED BY
NATURE'S
SUNSHINE

Manufactured by
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Stock No. 23077 / 010521



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ACTIVE NUTRITION



HYDRATE

+ DAILY HYDRATION AMPLIFIER*

NATURAL GRAPE FLAVOR

30 STICK PACKS (4.2 G EACH/O.15 OZ.)



NET WT 126 G (4.44 OZ)

Looking for Rapid Daily Hydration?

YOU'VE FOUND IT.*

✓ NO ADDED SUGARS

Nutrition Facts

30 Servings Per Container

Serving Size

1 Packet (4.2 g)

Amount Per Serving

Calories

10

%Daily Value†

Total Fat	0g	0%
Sodium	200mg	9%
Total Carbohydrate	2g	1%
Dietary Fiber	1g	4%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	0g	0%
Calcium	20mg	2%
Potassium	50mg	1%
Magnesium	20mg	5%

Not a significant source of saturated fat, trans fat, cholesterol, vitamin D and iron.

†The Percent Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Natural Grape Flavor, Tartaric Acid, Salt, Gum Arabic, L-Glutamine, Nopal Leaf Powder, L-Alanyl-L-Glutamine, Arabinogalactan, Potassium Chloride, Calcium Amino Acid Chelate, Magnesium Amino Acid Chelate, Trace Minerals, Grape Skin Extract, Steviol Glycosides, Malic Acid, Luo Han Guo Extract.

DIRECTIONS: MIX 1 STICK PACK (4.2 G) IN 14-16 OUNCES OF WATER OR BEVERAGE OF CHOICE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.