



Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



Recommended Use: Take 1 softgel daily with a meal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1050 mcg Vitamin A is equivalent to 3500 IU.

10 mcg Vitamin D is equivalent to 400 IU.

WARNING: If pregnant, or planning pregnancy, daily vitamin A intake should not exceed 3000 mcg (10,000 IU). Quantities in excess of 3000 mcg/day may result in reproductive hazards or birth defects. Before starting a vitamin A regimen, please consult your physician.

Do not use if inner seal is missing or damaged.

Vitamin A & D



VITAL NUTRITION SUPPORT*

Naturally-Sourced Vitamins

Dietary Supplement
100 SOFTGELS



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 100

Amount Per 1 Softgel	%Daily Value	
Vitamin A (fish oil, palmitate)	1050 mcg	117%
Vitamin D (fish oil)	10 mcg	50%

†Daily Value not established.

Other Ingredients: Softgel (gelatin, glycerin, caramel color, water), lemon oil.

Contains: Fish (cod), Soy



Stock#
4065
010320

HERBAL EXPERTS *since* 1972

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