



Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



Recommended Use: Take 1 capsule with a meal twice daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Traditionally used to support the nervous system*

We source the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended.



Do not use if inner seal is missing or damaged.

Valerian Root



TRADITIONAL SLEEP SUPPORT*

*Traditionally Used to Help Relax the Body**

Dietary Supplement
100 CAPSULES



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per 1 Capsule

Valerian Root (<i>Valeriana officinalis</i>)	410 mg†
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†Daily Value not established.

Other Ingredients: Capsule (gelatin, water).

Stock #
720
010220

HERBAL EXPERTS *since* 1972

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