

SUPER TRIO® SUPPORT

Good nutrition is a major component of good health. However, today's fast-paced lifestyle—with nutritionally lacking snacks and many meals on the go—can make getting adequate levels of nutrients quite difficult. Now you can take good nutrition with you wherever you go. Super Trio® makes getting proper nutrition simple and convenient.*

Supplementing with Super Trio® is an easy, effective way to ensure that your body is well-stocked with vital nutrition daily. Each packet offers powerful, effective levels of three potent Nature's Sunshine formulas.*

Taken together, these proprietary blends offer a nutritious combination of essential fatty acids, vitamins, minerals and antioxidants.

CONTENTS

- Super Trio® Packet**
- 1 Super Supplemental (w/o iron) tablet
 - 1 Super Omega 3 EPA softgel capsule
 - 1 Super ORAC capsule

Super Trio® provides a nutritious combination of essential fatty acids, vitamins, minerals and antioxidants — vital components of daily nutrition, vitality and longevity.*

SUPER SUPPLEMENTAL (W/O IRON)

Super Supplemental offers a unique combination of 11 vitamins and 7 minerals, plus phytonutrients, antioxidants and amino acids blended with a combination of nutrient-dense fruits, vegetables and herbs.

SUPER OMEGA-3 EPA

Essential fatty acids support the health of your heart, brain and body.* Each Super Omega-3 EPA capsule contains 1,000 mg fish oil with a ratio of 2:1 EPA to DHA, plus lemon oil to improve taste.

SUPER ORAC

This blend green tea, mangosteen, turmeric, quercetin, resveratrol, apple, açai and selenium may help protect against oxidation and the destructive effects of free radicals.*



HERBAL EXPERTS *since* 1972

Super Trio®

PROVIDES ENHANCED DAILY NUTRITION*

with Vitamins, Minerals, Phytonutrients and Essential Fatty Acids

60 PACKETS
60x Capsules/Tablets/Softgel Caps

30 DAY PROGRAM



DIETARY SUPPLEMENT

RECOMMENDED USE: Take the contents of one Super Trio® packet with breakfast, and one packet with your evening meal.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Super Trio®

SUPER TRIO® PACKET

Supplement Facts

Serving Size 1 Super Trio® Packet (1 tablet, 1 capsule, 1 softgel capsule)
Servings Per Container 60

	Amount Per 1 Packet	%Daily Value
Vitamin A (71% as beta-carotene, palmitate)	850 mcg	84%
Vitamin C (ascorbic acid)	125 mg	139%
Vitamin D ₃ (cholecalciferol)	3.75 mcg	19%
Vitamin E (d-alpha-tocopheryl acetate)	18 mg	120%
Thiamin (B ₁ , thiamine mononitrate)	6.25 mg	521%
Riboflavin (B ₂)	5 mg	385%
Niacin (niacinamide)	15 mg	94%
Vitamin B ₆ (pyridoxine hydrochloride)	7.5 mg	441%
Folate	83 mcg DFE (50 mcg folic acid)	21%
Vitamin B ₁₂ (cyanocobalamin)	25 mcg	1042%
Biotin	75 mcg	250%
Pantothenic Acid (d-calcium pantothenate)	37.5 mg	750%
Choline (bitartrate)	4 mg	1%
Calcium (dicalcium phosphate, citrate, amino acid chelate)	100 mg	8%
Phosphorus (dicalcium phosphate)	55 mg	4%
Iodine (potassium iodide)	50 mcg	33%
Magnesium (oxide, amino acid chelate)	100 mg	24%
Zinc (gluconate)	7.5 mg	68%
Selenium (amino acid chelate, l-selenomethionine)	31 mcg	56%
Copper (gluconate)	0.5 mg	56%

Manganese (amino acid chelate)	0.75 mg	33%
Chromium (amino acid chelate)	25 mcg	71%
Potassium (citrate)	25 mg	1%

Super Supplemental Herbal and Protector Shield® Proprietary Blend 72 mg †
Isobutyl, p-aminobenzoic acid (PABA), fruit blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, blueberry), dandelion root, alfalfa aerial parts, asparagus stem, broccoli flowers, cabbage leaf, hesperidin bioflavonoid extract, lemon bioflavonoid extract, rutin, rose hips, sodium copper chlorophyllin, kelp leaf and stem, kelp, cranberry fruit, mangosteen fruit, carrot root, spinach leaf and stem, tomato fruit, lycopene, acai berry, pomegranate fruit extract, L-leucine, L-lysine, L-valine, L-isoleucine, L-phenylalanine, L-threonine, L-arginine, L-methionine, L-tyrosine, L-cystine.

Super Omega 3 EPA Fish Oil (anchovy, sardine, mackerel) 1000 mg †
Eicosapentaenoic Acid (EPA) 380 mg †
Docosahexaenoic Acid (DHA) 190 mg †
Super ORAC Polyphenols 75 mg †

Super ORAC Proprietary Blend 267 mg †
Green Tea Leaves Extract (Camellia sinensis), Mangosteen Pericarp Extract (Garcinia mangostana), Turmeric Root Extract (Curcuma longa), Quercetin (from Japanese Pagoda Tree Fruit Extract - Sophora japonica), Japanese Knotweed Root Extract (Polygonum cuspidatum) (standardized to resveratrol), Apple Fruit Extract (Malus pumila), Acai Berry Concentrate (Euterpe oleracea)

†Daily Value not established.
Other Ingredients: Cellulose, capsule (gelatin, glycerin, water), capsule (gelatin, water), stearic acid, lemon oil, vegetable magnesium stearate, silicon dioxide, sodium copper chlorophyllin tablet coating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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