

Recommended Use: Take 1 tablet in the morning and one in the evening with water for all-day, all-night support.

Standardized Hypericin. WARNING: Do not use St. John's

Wort while taking any prescription drugs without the advice of your prescribing physician. Do not use with prescription antidepressants. contraceptives, immunosuppressants, anticoagulants, Digoxin, blood thinners, or medications for HIV. epileosy, or cancer. Avoid excessive exposure to UV radiation (e.g. sunlight, tanning). Not recommended for use by pregnant or lactating women. Keep out of the reach of children

Time Release

St. John's Wort



HERBAL EXTRACT

Supports Emotional Balance and Well-Being*

Dietary Supplement 60 TABLETS



Supplement Facts Serving Size 1 Tablet Servings Per Container 60 Amount Per 1 Tablet St. John's Wort Aerial Parts Extract

(Hypericum perforatum) (standardized to 0.3% hypericin, contains hyperforin)

†Daily Value not established

Other Ingredients: Cellulose, di-calcium phosphate vegetable stearic acid, vegetable magnesium





