

## STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 2 capsules, 1–2 times daily, with meals. May be used daily or during the luteal phase only, as directed by your health professional.

**Warning:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medication, consult your health professional before use. Do not use concurrently with antidepressants.

## Keep out of the reach of children.



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# ProSoothe II

*Supports menstrual comfort  
and mood<sup>†</sup>*

Gluten-free, Non-GMO  
& Hypoallergenic

**Dietary Supplement**

**120 CAPSULES**

## Supplement Facts

Serving size 2 capsules  
Servings per container 60

|                                                                                                                                                                                     | Amount Per Serving | %DV    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------|
| Vitamin D (as cholecalciferol) (D <sub>3</sub> )                                                                                                                                    | 10 mcg (400 IU)    | 50%    |
| Vitamin E (as d-alpha tocopherol succinate)                                                                                                                                         | 134 mg             | 893%   |
| Vitamin B <sub>6</sub> (as pyridoxal 5' phosphate (activated B <sub>6</sub> ))                                                                                                      | 33 mg              | 1,941% |
| Calcium (as DimaCal <sup>®</sup> di-calcium malate)                                                                                                                                 | 100 mg             | 8%     |
| Magnesium (as di-magnesium malate) (Albion <sup>®</sup> )                                                                                                                           | 100 mg             | 24%    |
| Chaste tree (Vitex agnus-castus) extract (fruit)                                                                                                                                    | 200 mg             | *      |
| Relora <sup>®</sup> patented proprietary blend of:<br>magnolia ( <i>Magnolia officinalis</i> ) extract (bark) and<br>phellodendron ( <i>Phellodendron amurense</i> ) extract (bark) | 270 mg             | *      |
| Rhodiola ( <i>Rhodiola rosea</i> ) extract (root)<br>(standardized to contain 3% total rosavins<br>and 1% salidroside)                                                              | 50 mg              | *      |

\* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), modified food and corn starch, ascorbyl palmitate, silicon dioxide

Relora<sup>®</sup> & logo are trademarks of Lonza or its affiliates. Relora<sup>®</sup> brand *Magnolia officinalis* and *Phellodendron amurense*.

Albion<sup>®</sup> and DimaCal<sup>®</sup> are registered trademarks of Albion Laboratories, Inc. U.S. Patent 6,706,904.

**†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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