

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Warning: See side panel.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements



Use only if safety
seal is intact.
Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-
Free by the
Gluten-Free
Certification
Organization,
www.gluten.org



pure
encapsulations[®]

Pregnenolone
30 mg

*Hormone precursor to support
mood and memory[†]*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

180 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 180

	Amount Per Serving	%DV
Pregnenolone (3-beta-hydroxy-5-pregnen-20-one)	30 mg	*

* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. KEEP OUT OF REACH OF CHILDREN. To report any adverse event call 1-800-332-1088.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

v7
code: **PR31**