



## Supplement Facts

Serving Size 1 Scoop (8.2g)

Servings Per Container 30

	Amount Per Serving	%DV**
Magnesium (as Magnesium Citrate)	13 mg	3%
Chloride (as Pink Himalayan Salt)	70 mg	3%
Sodium (as Pink Himalayan Salt)	47 mg	2%
Potassium (as Potassium Citrate)	43 mg	1%

<b>Amino Acid Blend:</b>	<b>5,000 mg</b>	<b>†</b>
L-Glutamine (2,500 mg), L-Leucine (800 mg), L-Threonine (524.5 mg), L-Isoleucine (400 mg), L-Valine (400 mg), L-Phenylalanine (210 mg), L-Lysine Hydrochloride (150 mg), L-Histidine (15 mg), L-Methionine (0.25 mg), L-Tryptophan (0.25 mg)		

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Citric Acid, Natural Flavors, Stevia Leaf Extract, Silicon Dioxide, Spirulina Extract (For Color).



Store in refrigerator or cool, dry place after opening to preserve maximum freshness.



**HYDRATE\***



**REPAIR\***



**RECOVER\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.