

HERBAL EXPERTS *since* 1972



Psyllium Hulls Combo

Psyllium, Hibiscus, and Licorice

SUPPORTS INTESTINAL HEALTH*

DIETARY SUPPLEMENT
NET WT. 11 OZ. (320 G)



Supplement Facts

Serving Size 2 Teaspoons (7g)
Servings Per Container 45

Amount Per 1g	%Daily Value
Calories	20
Total Carbohydrate	6g 2%*
Dietary Fiber	5g 10%*
Total Sugars	1g †
Proprietary Blend	7g †
Psyllium Hulls (Plantago ovata), Hibiscus Flowers (Hibiscus asarifolia), Licorice Root (Glycyrrhiza glabra)	

*Percent Daily Values are based on a diet of nature.
†Daily Value not established.

Psyllium Hulls Combo

Supports the elimination of toxins*

- Helps purify the gut*
- Supports intestinal health*

NOTICE: This food should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not take this product if you have difficulty swallowing. May cause allergic reaction in persons sensitive to inhaled or ingested psyllium.

RECOMMENDED USE:

Mix two teaspoons in a full glass (at least 8 ounces) of water or juice once daily.

For additional health benefits, blend with fresh fruits, vegetables or your favorite Nature's Sunshine drink mix.



This bag has been sealed for your protection. Do not use if the seal is open or is damaged. The weight stated on this bag is correct, product weight during shipping. Nature's Sunshine uses natural source materials that are subject to color variation.

We are committed to you and our planet.
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Nature's Sunshine Products, Inc. • Spanish Fork, Utah 84660
(800) 223-8229 • naturesunshine.com
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