HERBAL EXPERTS *since* 1972

NATURE'S SUNSHINE™

NEW LOOK! SAME GREAT PRODUCT

Nature's Three

Provides Dietary Fiber from Psyllium, Apple and Oats

INTESTINAL SYSTEM SUPPORT*

DIETARY SUPPLEMENT

NET WT. 12 OZ. (350 G)

Supplement Facts

Serving Size 1.5 Teaspoon (4.3g)
Servings Per Container 81

Amount Per 1.5 tsp		%Daily Value
Calories	15	
Total Carbohydrate	4g	1%**
Dietary Fiber	2g	7%**
Total Sugars	1g	†
Includes 1g Added Sugars		2%
Proprietary Blend	3.4g	†
Psyllium Hulls (*Plantago ovata*), Apple Fruit Fiber, Oat Inner Husk Bran (*Avena sativa*)		

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established

INGREDIENTS: Fructose, natural apple flavor.

Nature's Three

Many individuals do not get enough dietary fiber in their daily diet. Nature's Three provides three types of dietary fiber to help support your digestive system and keep you moving and feeling great.*

Caution: Take with at least 250 ml (8 fl oz) of liquid. Do not take this product if you have difficulty swallowing. May cause allergic reaction in persons sensitive to inhaled or ingested psyllium.

RECOMMENDED USE:
Mix 1 1/2 teaspoons in 8 oz. of water or juice twice daily.

For additional health benefits, blend with fresh fruits, vegetables or your favorite Nature's Sunshine drink mix.

This bag has been sealed for your protection. Do not use if the seal is open or is damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials that are subject to color variation.

We are committed to you and our planet. Scan code to learn more.

GUARANTEED PURE

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