

Recommended Use: Take 2 to 3 VegCaps with a meal three times daily.

When menstruation is accompanied by cramping, bloating and mild mood

changes, it can be both painful and unpleasant. Menstrual Reg features herbs traditionally used

to help with these symptoms.* Pregnant or lactating women should consult their health care professional



Do not use if inner seal is missing or damaged.

Menstrual Reg



FEMALE GLANDULAR SUPPORT*

WITH HERBAL EXTRACTS

Traditionally Used for Menstrual Cycle Support*

Dietary Supplement 100 VEGCAPS



Supplement Facts

Servinos Per Container 33

Shepherd's Purse Aerial Parts (Capsella bursa-pastoris

Yarrow Aerial Parts (Achilles millefolium) Yarrow Leaf & Rower Extract (Achillea millefolium) Black Haw Bank (Viburnum prunifolium)

Nettle Leaf (Littica dioica) Charte Tree Remy Fytract / Vitey annus-castud Sarsaparilla Root Extract (Smilex officinalis)

False Unicorn Root (Chamaelinium Auteum) +Dally Value and antablished

Other Ingredients: Vegetable capsule (hypromellose,



