



Be a force of nature:
please recycle this bottle.
We are committed to you and
our planet. Scan to learn more.



NATURE'S
SUNSHINE™

Recommended Use: Adults: Take 1
teaspoon (5 mL) once daily. Not for
long-term use.

NOTICE: This product contains cascara sagrada,
buckthorn, and senna. Read and follow directions
carefully. Do not use if you have or develop diarrhea, loose
stools, or abdominal pain because cascara sagrada,
buckthorn, and senna may worsen these conditions and
be harmful to your health. Consult your physician if you
have frequent diarrhea or if you are pregnant, nursing,
taking medication, or have a medical condition.

Do not use if inner seal is missing or damaged.

*This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.

Stock# 1794 • 010421



LB Extract®

INTESTINAL SYSTEM SUPPORT*

LIQUID HERBAL EXTRACTS

Dietary Supplement
2 FL. OZ. (59 ML)



Supplement Facts

Serving Size 1 teaspoon (5 mL), Serv-
ings Per Container 11, Amount Per
Serving: Proprietary Blend 5000 mg†,
Extracts of: cascara sagrada bark,
senna leaves, buckthorn bark, alfalfa
aerial parts, psyllium seed hulls, lico-
rice root, rhubarb root, barberry bark,
ginger rhizome, and slippery elm bark.

†Daily Value not established.

Other Ingredients: Water, alcohol.

Nature's Sunshine Products, Inc.
Spanish Fork, UT 84660

HERBAL EXPERTS *since* 1972

(800) 223-8225 • naturessunshine.com