

HERBAL EXPERTS *since 1972*



Everybody's Fiber

*Enhanced with a Prebiotic Blend**

SUPPORTS INTESTINAL HEALTH*

DIETARY SUPPLEMENT

NET WT. 4.7 OZ. (133 G)

NEW
LOOK!

SAME GREAT
PRODUCT

Supplement Facts

Serving Size 5g (1 tablespoon)

Servings Per Container 26

Amount Per 5g Serving	%Daily Value
Calories	15
Total Carbohydrate	4g 1%*
Dietary Fiber	2g 7%*
Proprietary Blend	4.3g †

Apple Fruit Pectin, Slippery Elm Inner Bark (*Ulmus rubra*), Fructooligosaccharides, Chamomile Flowers (*Matricaria recutita*), Flax Seed (*Linum usitatissimum*), Fennel Seed (*Foeniculum vulgare*), Malic Acid, Marshmallow Root (*Althaea officinalis*), Peppermint Leaf (*Mentha x piperita*), Stevia Leaf Extract (*Stevia rebaudiana*), Asparagus Stem (*Asparagus officinalis*), Cat's Claw Inner Bark (*Uncaria tomentosa*)

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

INGREDIENTS: Natural Peach, apricot, and plum flavors.

Everybody's Fiber

Shortcomings of the modern diet combined with other factors such as stress, fatigue, and a lack of exercise may result in occasional constipation, gas, bloating, and other related intestinal distress. Everybody's Fiber delivers mucilaginous ingredients enhanced with a prebiotic to aid the intestinal tract.*

RECOMMENDED USE:

Mix one tablespoon (5 grams) in 4 fl. oz. of water or juice, once daily.

For additional health benefits, blend with fresh fruits, vegetables or your favorite Nature's Sunshine drink mix.



This bag has been sealed for your protection. Do not use if the seal is open or is damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials that are subject to color variation.

We are committed to you and our planet.
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