



Bottle made from 100% post consumer recycled material.



We are committed to you and our planet. Scan to learn more.



**Recommended Use:** Take 1 VegiTab with a meal twice daily.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nature's Sunshine exclusive brand VEGITABS® contain only the finest naturally sourced herbs, easily digestible, with no preservatives or animal by-products.

Do not exceed recommended dose. Not for long-term use.

Do not use if inner seal is missing or damaged.

# Cascara Sagrada



**HERBAL LAXATIVE\***

*Improves Elimination\**

Dietary Supplement  
**100 VEGITABS®**



## Supplement Facts

Serving Size 1 VegiTab  
Servings Per Container 100

**Amount Per 1 VegiTab**

Cascara Sagrada Bark  
(*Rhamnus purshiana*) 410 mg†

†Daily Value not established.

Other Ingredients: Cellulose, maltodextrin, vegetable stearic acid, silicon dioxide, vegetable magnesium stearate.

NOTICE: This product contains cascara sagrada bark. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health.

Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition.



Stock#  
172  
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HERBAL EXPERTS *since* 1972

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