

*See carton for details.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician
prior to using this product if you are
pregnant, nursing, taking medication,
or have a medical condition.

Discontinue use two weeks prior to
surgery.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

GNC

WOMEN'S ULTRA MEGA® 50 Plus ONE DAILY

Dietary Supplement

- Ultra concentrated with
39 important nutrients
- Provides 18 vitamins & minerals
at 100% daily value or more



PHYSICIAN
ENDORSED*

ONE PER DAY
60 CAPLETS



NEW

CODE 179722

Directions: As a dietary supplement, take one caplet daily with food.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate).....	3500 IU... 70%
Vitamin C (as Ascorbic Acid).....	150 mg... 250%
Vitamin D (as Cholecalciferol D-3).....	1,200 IU... 300%
Vitamin E.....	35 IU... 117%
(as Natural d-alpha Tocopheryl Succinate)	
Vitamin K (as Phytonadione).....	60 mcg... 75%
Thiamin (Vitamin B-1).....	4.95 mg... 330%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	3.74 mg... 220%
Niacin (as Nicotinamide).....	22 mg... 110%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	6.6 mg... 330%
Folic Acid.....	600 mcg... 150%
Vitamin B-12 (as Cyanocobalamin).....	110 mcg 1833%
Biotin.....	300 mcg... 100%
Pantothenic Acid.....	16.5 mg... 165%
(as Calcium d-Pantothenate)	
Calcium.....	500 mg... 50%
(as Calcium Carbonate and Dicalcium Phosphate)	
Iron (as Ferrus Fumarate).....	8 mg... 44%
Phosphorus (as Dicalcium Phosphate).....	15 mg... 2%
Iodine (as Potassium Iodide).....	150 mcg... 100%
Magnesium (as Magnesium Oxide).....	50 mg... 13%
Zinc (as Zinc Oxide).....	30 mg... 200%
Selenium (as Sodium Selenite).....	70 mcg... 100%

Amount Per Serving	% Daily Value
Copper (as Cupric Oxide).....	2 mg... 100%
Manganese (as Manganese Sulfate).....	2 mg... 100%
Chromium.....	200 mcg... 167%
(as Hydrolyzed Protein Chelate)	
Molybdenum.....	75 mcg... 100%
(as Hydrolyzed Protein Chelate)	
Chloride (as Potassium Chloride).....	72 mg... 2%
Potassium (as Potassium Chloride).....	80 mg... 2%

Brain Health Blend

Ginkgo biloba Leaf Extract.....	10 mg... *
Phosphatidyl Serine.....	2.5 mg... *
Choline (as Choline Bitartrate).....	2.5 mg... *
Inositol.....	2.5 mg... *

Eye Health Support

Lutemax 2020™ Lutein.....	1 mg... *
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Urinary Tract & Women's Health Blend

Cranberry Fruit Concentrate.....	10 mg... *
Boron (as Hydrolyzed Protein Chelate).....	150 mcg... *
Tin (as Stannous Chloride).....	10 mcg... *
Vanadium (as Vanadyl Sulfate).....	10 mcg... *
Nickel (as Nickel Sulfate).....	5 mcg... *

Skin Structure & Antioxidant Support Blend

Collagen Hydrolysate.....	5 mg... *
Silica (as Silicon Dioxide).....	2 mg... *
Zeaxanthin (as Zeaxanthin Isomers).....	200 mcg... *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Cool Mint Vanilla Flavor, Carmine Color, Sucralose.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot No./Best By:

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