



# CHILDREN'S MultiVitamin & Mineral

ORGANIC GUMMIES



with Vitamins C, D, B6  
B12, Zinc, & Biotin

Dietary Supplement  
**90 VEGETARIAN GUMMIES**

## Supplement Facts

Serving Size 1 Gummy (2-3 Years Old); 2 Gummies (4 Years Old and Above)  
Servings Per Container 90; 45

	1 Gummy		2 Gummies	
	Amount Per Serving	% Daily Value for Children 2-3 Years of Age	Amount Per Serving	% Daily Value for Adults & Children 4 or More Years of Age
Calories	10		20	
Total Carbohydrate	2 g	1%**	5 g	2%*
Total Sugars	2 g	†	3 g	†
Includes Added Sugars	2 g	8%**	3 g	6%*
Vitamin A (as Retinyl Palmitate)	105 mcg RAE	35%	210 mcg RAE	23%
Vitamin C (as Ascorbic Acid)	10 mg	67%	20 mg	22%
Vitamin D (as Ergocalciferol)	10 mcg	67%	20 mcg	100%
Vitamin E (as D-Alpha-Tocopherol)	4.1 mg	68%	8.2 mg	55%
Vitamin B6 (as Pyridoxine Hydrochloride)	0.9 mg	180%	1.7 mg	100%
Folate (as Folic Acid)	115 mcg DFE (70 mg Folic Acid)	77%	235 mcg DFE (140 mg Folic Acid)	58%
Vitamin B12 (as Cyanocobalamin)	1.2 mcg	133%	2.4 mcg	100%
Biotin	3 mcg	38%	6 mcg	20%
Pantothenic Acid (as Calcium D-Pantothenate)	0.9 mg	45%	1.8 mg	36%
Iodine (as Potassium Iodide)	21 mcg	23%	42 mcg	28%
Zinc (as Zinc Citrate)	1 mg	33%	2 mg	18%
Sodium	0 mg	0%	5 mg	<1%

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Percent Daily Values are based on a 1,000 calorie diet.  
†Daily Value not established.

Other ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Juice Concentrate, Organic Flavors, Sodium Citrate, Colors Added (Organic Maqui Berry Juice Concentrate, Organic Black Carrot Juice Concentrate, Organic Annatto), Organic Sunflower Oil, Organic Carnauba Wax.

Allergen claims: No Gluten, Milk, Egg, Soy, Peanut, Fish.

Nature's Sunshine Products, Inc. • Spanish Fork, UT 84660  
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Certified Organic by QAI



Certified



Gluten-Free

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**New and Improved** Children's Multivitamin & Mineral has just what kids need for healthy growth and development: Essential vitamins and minerals with all-natural flavors and colors. Mom and Dad, go ahead. You know you want to. They're good for you too!\*

**Recommended Use:** Children ages 2 and older, chew one (1) gummy per day under adult supervision. Children ages 4 and older, chew two (2) gummies per day under adult supervision. Chew completely before swallowing.

**Warning:** KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dosage. This product requires adult supervision and should not be given to children under 2 years of age. Gummies can be a choking hazard. If your child has a medical condition or is taking any prescription medications, consult a physician before use. Do not use if seal under cap is broken or missing.

**Storage:** Store tightly closed; in the dark; dry and cool (45°F-75°F). Gummy colors may change over time. This does not alter the potency of the product. Any clouding of clear bottle is normal. See bottom of bottle for expiration date and lot information.

Stock#  
22464  
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