



Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



**Recommended Use:** Take 1 tablet daily with a meal.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Balanced B-Complex, a vegetarian-friendly formula, provides an array of B vitamins that support nervous system function.\*

Provides 100% or more of the Daily Value of thiamin, riboflavin, niacinamide, vitamin B<sub>6</sub>, folic acid, vitamin B<sub>12</sub> and pantothenic acid per tablet.

Do not use if inner seal is missing or damaged.

# Balanced B-Complex

**NEW  
LOOK!**

**SAME GREAT  
PRODUCT**

## GENERAL NUTRITION SUPPORT\*

*Supports Nervous System Function\**  
*Provides a Full Array of B Vitamins*

Dietary Supplement  
**120 TABLETS**



## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 120

| Amount Per 1 Tablet                       | %Daily Value                            |
|-------------------------------------------|-----------------------------------------|
| Thiamin (B <sub>1</sub> , mononitrate)    | 4 mg 333%                               |
| Riboflavin (B <sub>2</sub> )              | 6 mg 462%                               |
| Niacin (niacinamide)                      | 50 mg 313%                              |
| Vitamin B <sub>6</sub> (pyridoxine HCl)   | 8 mg 471%                               |
| Folate                                    | 667 mcg DFE 167%<br>(400mcg folic acid) |
| Vitamin B <sub>12</sub> (cyanocobalamin)  | 50 mcg 2083%                            |
| Biotin                                    | 100 mcg 333%                            |
| Pantothenic Acid (D-calcium pantothenate) | 40 mg 800%                              |
| Choline (bitartrate)                      | 6.3 mg 1%                               |
| Calcium (dicalcium phosphate)             | 115 mg 9%                               |
| Phosphorus (dicalcium phosphate)          | 80 mg 8%                                |

Other Ingredients: Cellulose, vegetable stearic acid, inositol, para-aminobenzoic acid (PABA), vegetable magnesium stearate, cabbage leaves (*Brassica oleracea* var. capitata), brown rice grain.



Stock#  
1625  
616300

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Nature's Sunshine Products, Inc. • Spanish Fork, UT 84660  
800.31.223-8225 • [naturesunshine.com](http://naturesunshine.com)