Recommended Use: Take 2 capsules with a meal three times daily.

Avurveda, Sanskrit for "The Science of Life", is one of the world's oldest recorded systems of natural health. The Ayurvedic view of physical and mental well-being has experienced a renewed interest as people take a proactive approach to their personal health. Nature's Sunshine authentic formula. developed in concert with herbs

direct from India, is true to the

restoring balance to the body."

Avurvedic philosophy of

missing or damaged.

Joint Health

100 CAPSULES

Ayurvedic Formula WITH HERBAL EXTRACTS



Supports Joint Health & Flexibility*

Dietary Supplement



NEW

Supplement Facts

Amount Day 2 Consuler

Ashwanandha Root (Withania somnifera), Gunnul

(Roswellia serrata) Holarchana Bark (Holarchena negundo), Ovperus Tuber (Cyperus rotundus), Indian Tinospora Stem (Tinospora contifolia), Celery Seed (Apium graveolens), Boerhavia Root (Boerhavia diffusal. Alowan Fruit (Trachyspermum amm) Tribulus Fruit (Tribulus terrestris), Fenugreek Seed Extract (Trigonella foenum-graecum)

+Daily Value not established

Other Incredients: Capsule (pelatin, water), vegetable





