WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose. call a doctor or poison control center immediately Warning: If you are pregnant or lactating, have any

health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

'This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required abeling. Please rely on stated quantity.

> Certified Gluten-Free by the Gluten-Free Certification organization www.aluten.org





Nutrient

Multivitamin/mineral formula for daily wellness[‡]

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

90 CAPSULES

Supplement Facts

Serving size 3 capsules Servings per container 30

Amour	nt Per Serving	% DV
Vitamin A (as beta carotene)	2,250 mcg	250%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D 10 r (as cholecalciferol) (D ₃)	mcg (400 IU)	50%
Vitamin E (as d-alpha tocopherol succinate)	134 mg	893%
Thiamin (as thiamin HCI) (B ₁)	50 mg	4,167%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (act		2,673%
Niacin (as niacinamide and 42% inositol hexaniacinate)	86 mg	538%
Vitamin B ₆ (as pyridoxine HCl and 39% pyridoxal 5' phosphate (acti		1,206%
Folate (as Metafolin [®] , L-5-MTHF) (400 ms	667 mcg cg L-5-MTHF)	167%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin	400 mcg	1,333%
Pantothenic acid (as calcium pantothenate) (B ₅)	200 mg	4,000%

Calcium (as calcium citrate)	150 mg	12%
Iron (as iron glycinate)	5 mg	28%
lodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate	e) 100 mg	24%
Zinc (as zinc picolinate)	12.5 mg	114%
Selenium (as selenomethionine)	100 mcg	182%
Copper (as copper glycinate)	1 mg	111 %
Manganese	2.5 mg	109%
(as manganese aspartate)		
Chromium	100 mcg	286%
(as chromium polynicotinate)		
Molybdenum (as molybdenum aspartate)	50 mcg	111 %
Potassium	49.5 mg	1%
(as potassium aspartate)	49.5 mg	170
Boron (as boron glycinate)	1 mg	
Vanadium	100 mcg	
(as vanadium aspartate)		
Proprietary mixed carotenoid blend	425 mcg	
(as lutein, zeaxanthin, lycopene)		
	ed	

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

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CHROME MATE

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