**Suggested Use:** Take two (2) capsules in the morning and two (2) before bedtime with food. Store in a cool, dry place.

As men age, prostate health becomes increasingly important. **ProstaEz**® contains herbs and nutrients which may help promote normal urinary flow and maintain a healthy prostate.\*

Please consult your healthcare practitioner before using any nutritional supplement, especially if you are taking medications on a regular basis, anticipate surgery, or are otherwise under medical supervision. Product not intended for use by children under 18 or women who are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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## Prosta Ez

• Supports Healthy Prostate Function\*

PROSTATE HEALTH\*

Helps Promote Healthy Bladder Function\*

Helps Maintain Healthy Hormone Levels\*

Dietary Supplement • 120 Capsules

## **Supplement Facts**

Serving size: 2 capsules Servings per container: 60

Amount Per Serving	%DV**	
Zinc (as zinc citrate)	10mg	91%
Selenium (as selenium glycinate complex)	150 mcg	273%
Amino Acid Blend: L-Alanine, L-Glutamic Acid, L-Glycine	500mg	†
Pumpkin Seed Powder	500mg	†
Beta Sitosterol (40%)	175mg	†
Stinging Nettle Root Extract	150mg	†
Pygeum Bark Extract 5:1	30mg	†

<sup>\*\*</sup> Percent daily value (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other ingredients: hydroxypropyl methylcelluose (plant derived capsule), silicon dioxide, rice flour. Contains: Soy

Manufactured for: Independent Vital Life, LLC 661 E. Howards Rd. Suite C, Camp Verde, AZ 86322 To Reorder Call: 800-218-1379 • www.IVL.com

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5