



Supplement Facts

30 Servings per container

Serving size 1 Scoop (14.7 grams)

Amount per serving
Calories 10

	% Daily Value*	
Total Fat	0 g	0%
Sodium	0 mg	0%
Total Carbohydrate	2 g	<1%
Dietary Fiber	0 g	0%
Total sugars	0 g	
Includes 0 g Added Sugars	0 g	0%
Protein	0 g	0%
L-Arginine	5 g	†
L-Citrulline	1 g	†
Creatine Monohydrate	2 g	†
CarnoSyn® Beta-Alanine	1 g	†
L-Glutamine	400 mg	†
Caffeine	200 mg	†
Black Pepper Extract	5 mg	†
Vitamin C (Ascorbic Acid)	90 mg	100%
Vitamin D3 (Cholecalciferol)	62 mcg	310%
Vitamin K2 (Menaquinone MK-7)	20 mcg	17%
Vitamin B3 (Niacinamide)	50 mg	312%
Folic Acid	400 mcg	100%
Vitamin B6 (Pyridoxine HCL)	2 mg	118%
Vitamin B12 (Methylcobalamin)	5 mcg	208%
Magnesium (Magnesium Citrate)	20 mg	5%
Chromium (Chromium Picolinate)	200 mcg	571%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established

Other Ingredients: Citric Acid, Natural Flavor, Silica, Sucralose, Xanthan Gum, Spirulina