4 HERB BLEND FOR OCCASIONAL CONSTIPATION*

Aloe is traditionally found in warm, tropical locations, like the Caribbean and South Africa, and has been used as a supplement for thousands of years. Nature's Way® combines Aloe with Buckthorn, Cascara Sagrada, and Fennel Seed, to help support occasional constipation.*

♦ LG142.CO2 BLK8204C





Recommendation: Adults and children age 12 years and over: take 1 capsule with a full glass of liquid (8 ounces) at bedtime. Not recommended for children under 12 years of age. Do not take more than 1 capsule in a 24-hour period. Not for long term use. Do not take more than 7 days as frequent or prolonged use may result in dependence. Do not exceed recommended dose. Warning: Do not use when nausea or vomiting are present unless directed by a healthcare professional. Do not use if you have a history of, or currently have, intestinal disease. Consult a health-care professional if you have noticed a sudden change in bowel habits, that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use

and consult a healthcare professional. Supplement Facts

Serving Size 1 Capsule

Amount per Serving

% DV

Proprietary Blend

360 mg**

Aloe ferox (latex), Buckthorn (bark), Cascara Sagrada (bark), Fennel (seed)

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate

NOTICE: This product contains Aloe ferox, Buckthorn, and Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe, Buckthorn, and Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition.

with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. GLUTEN FREE. No yeast-derived ingredients,

Keep out of reach of children. Safety sealed

wheat, soy, corn, dairy, or artificial colors, flavors, or preservatives.

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