



DR. REDCROSS

Ken Redcross M.D.

ADVANCED NUTRITIONAL
SUPPORT FOR:

- ◆ immune health
- ◆ brain function
- ◆ bone & muscle

ULTIMATE VITAMIN D™

Featuring OptiZinc®, FruiteX-B® & more



5,000 IU of
Vitamin D



60 Vegetarian Capsules
DIETARY SUPPLEMENT



Plus Key
Co-Factors

SUGGESTED USE: As a dietary supplement,
adults take two softgels daily.
FOR DAILY USE.

Supplement Facts

Serving Size 2 Vegetarian Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K2 (as Menaquinone-4 (MK-4) and Menaquinone-7 (vitaMK7®))	80 mcg	67%
Magnesium (as magnesium citrate)	125 mg	30%
Zinc (as zinc monomethionine OPTIZINC®)	10 mg	91%
Vitamin D Co-Factor Proprietary Blend	132 mg	
L-Taurine		†
Quercetin		†
Boron (as calcium fructoborate FruiteX-B®)		†

† Daily Value not established.

Other Ingredients: Cellulose (capsule), vegetable stearate and silica.
FruiteX-B® (US #5962049) is licensed exclusively from VDF
FutureCeuticals, Inc.

OptiZinc® is a trademark of InterHealth Company.

vitaMK7® is a Registered Trademark of Gnosis.

Warning: This product contains Vitamin K, which interferes with the
prescription drugs Coumadin and Warfarin. Do not take this if taking
either of these drugs.

Note: If you suffer from sarcoidosis, primary hyperparathyroidism,
hypercalcemia, or are taking anticoagulant medications ("blood
thinners"), please consult a physician before taking.

Store in a cool, dry place.