

UNADDED
NON-GMO & Gluten Free

Centrum SILVER®



25 Tablets
MULTIVITAMIN/
MINERAL SUPPLEMENT

Adults 50+

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A 2,500 IU (40% as Beta-Carotene)	50%
Vitamin C 60 mg	100%
Vitamin D 1,000 IU	250%
Vitamin E 50 IU	167%
Vitamin K 30 mcg	38%
Thiamin 1.5 mg	100%

Ingredients: Calcium Carbonate, Potassium Chloride, Dibasic Calcium Phosphate, Modified Corn Starch, Corn Starch, Maltodextrin. **Contains < 2% of:** Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Crospovidone, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hydrogenated Palm Oil, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Niacinamide, Nickelous Sulfate, Phytol, Polydextrose, Potassium Iodide, Pregelatinized Corn Starch, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to preserve freshness), Sodium Metavanadate, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

SUGGESTED USE: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.
As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.
If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

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Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

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Centrum
SILVER®

Complete from A to Zinc***
Scientifically formulated for Adults 50+

Amount Per Serving	% DV
Riboflavin 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B ₆ 3 mg	150%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ 25 mcg	417%
Biotin 30 mcg	10%
Pantothenic Acid 10 mg	100%
Calcium 220 mg	22%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 50 mg	13%
Zinc 11 mg	73%
Selenium 19 mcg	27%
Copper 0.5 mg	25%
Manganese 2.3 mg	115%
Chromium 50 mcg	42%
Molybdenum 45 mcg	60%
Chloride 72 mg	2%

Amount Per Serving	% DV
Potassium 80 mg	2%
Nickel 5 mcg	*
Silicon 2 mg	*
Vanadium 10 mcg	*
Lutein 250 mcg	*
Lycopene 300 mcg	*

*Daily Value (DV) not established.

ate, Magnesium Oxide, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, dl-Alpha Tocopheryl Acetate (Vit. E), Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Crospovidone, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hydrogenated Palm Oil, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Niacinamide, Nickelous Sulfate, Phytol, Polydextrose, Potassium Iodide, Pregelatinized Corn Starch, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to preserve freshness), Sodium Metavanadate, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

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same ingredient.

FloraGLO®
LUTEIN

B-vitamins and lycopene help promote heart health
Zinc and B-vitamins help support normal brain function
Vitamins A, C, and E and Lutein support healthy eyes*
*This product is not intended to provide daily intake of lutein. Take with a diet rich in fruits and vegetables.
*Not a replacement for cholesterol-lowering drugs
*Refers to all nutrients with an RDI.
*Non-GMO applies to Centrum & Centrum Silver Tablets only, learn more at centrum.com.

Non-GMO & Gluten Free!

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