Supplement Facts

Serving Size: Two (2) capsules Servings Per Container: 60

Amount per Serving % Daily Value †
Total Carb. 79mg <1%
Selenium (from organic maca root) 2.99mcg 7.9%
Organic Maca Root Concentrate 1200mg

Percent Daily Values are based on a 2,000 calorie diet.

Daily Value not established

Other Ingredients (Capsules): Plant Cellulose, Purified water.

Whole World Botanicals, Inc.

PO Box 322074 Ft. Wash. Station New York, NY 10032 (646) 290-8651 • Product of Peru www.wholeworldbotanicals.com

Certified Organic by BIO LATINA, Lima, Peru

Sun-dried, Gluten free, Non-GMO, Vegan, No additives, Not irradiated, Fair Traded, Royal Maca® powder concentrate is prepared by a flash heat-extrusion process called Gelatinization. Native people never eat raw maca.

WHOLE WORLD BOTANICALS



Made with Certified Organic Maca Root Concentrate

ROYAL MACA® for MENOPAUSE

Dietary Supplement • 120 MACA ROOT Concentrate Veg. Caps 600mg (2.54oz.)

DIRECTIONS: (Don't Refrigerate)

Sensitive/Petite: Take 1/2-1 cap daily.

Women with a period: 2 caps daily.

Women-Painful periods,

Peri-Menopause or PMS*: 2 caps daily.

Women with No Period: Take 3 caps daily for menopausal symptoms. Increase, if needed, by 1-2 caps a day every 5 days until hot flashes & other symptoms are 80% better.

May be taken with progesterone-only birth-control pills. If taking estrogen, estrogenic herbs, or precursor hormones, STOP 4 weeks prior to taking Royal Maca®. Meanwhile to control symptoms, take 3-5 caps of Royal Camu® 3x/daily.

Warning: Do not use with Tamoxifen® or Lupron®. Total selenium intake should not exceed 200mcg daily.

*These statements have not been evaluated by the F.D.A. This product is not intended to treat, prevent, or cure any disease.



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