

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule 30–60 minutes before bedtime.

Warning: See side panel.

Keep out of the reach of children.

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Melatonin-SR

*Supports the body's natural
sleep cycle†*

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Dietary Supplement

60 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Melatonin (as MicroActive® melatonin sustained-release complex)	3 mg	*

*Daily value (DV) not established

Other ingredients: microcrystalline cellulose, vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), hydroxypropyl methyl cellulose, sodium alginate, carnauba wax

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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