

PHARMANEX® STANDARD: Estera® Maintenance contains a patent-pending blend of phytoestrogens. Phytoestrogens are plant based compounds that bind to the body's estrogenic receptors. They should be incorporated into a woman's diet for benefits throughout life. Estera® Maintenance also contains flax lignans and indoles that work with the liver to promote a healthy balance of estrogen metabolites. Estera® Maintenance supports cardiovascular health, muscle health, skin tissue appearance, healthy bones, and cognitive functions.*

DIRECTIONS FOR USE: As a dietary supplement, take two (2) capsules daily, preferably one with your morning and evening meals. Store in a cool, dry place.

WARNING: Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not use if safety seal is broken or missing.



Batch No.:

Exp. Date:

 PHARMANEX®



ESTERA®

PHASE III

women's maintenance formula
DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
Broccoli Powder	300 mg *
Diindolylmethane (an indole)	100 mg *
Genistein (from Soy Isoflavone Ext.)	55 mg *
Pomegranate Fruit (<i>Punica Granatum</i>) Extract	40 mg *
Lignans (from Flaxseed)	20 mg *

*Daily Value not established.

Other Ingredients: Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Mfd. in the U.S.A. exclusively for NSE Products, Inc., Provo, UT 84601

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