

PHARMANEX® STANDARD: Estera® Balance contains a patent-pending blend of phytoestrogens. Phytoestrogens are plant based compounds that bind to the body's estrogenic receptors. They should be incorporated into a woman's diet from an early age for benefits throughout life. Estera® Balance also contains flax lignans and other ingredients that work with the liver to promote a healthy balance of estrogen metabolites. Chasteberry, evening primrose oil, and borage seed oil work with Estera® ingredients to help relieve common PMS symptoms.*

DIRECTIONS FOR USE: As a dietary supplement, take two (2) capsules daily, preferably one with your morning and evening meals. Store in a cool, dry place.

WARNINGS: Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not use if safety seal is broken or missing.



Batch No.:

Exp. Date:

 PHARMANEX®



ESTERA®

PHASE I

women's balance formula
DIETARY SUPPLEMENT

60 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin B ₆ (Pyridoxine Hydrochloride)	50 mg 1250%
Evening Primrose Oil	500 mg *
Borage Seed Oil	250 mg *
Chasteberry Fruit (<i>Vitex Agnus/</i> <i>Castus L.</i>) Extract (0.3% casticin)	250 mg *
Diindolylmethane (an indole)	100 mg *
Pomegranate Fruit (<i>Punica</i> <i>Granatum</i>) Extract	40 mg *
Lignans (from Flaxseed)	15 mg *
Genistein (from 64% Soy Isoflavone Ext.)	10 mg *

*Daily Value not established.

Other Ingredients: Gelatin, Glycerine, Soy Oil, Beeswax, Caramel.

Mfd. in Canada exclusively for NSE Products, Inc., Provo, UT 84601

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