

Nature's Secret®

The
Original
Whole-Herb
Total Body Cleanse®

Ultimate Cleanse®

2-Part Total-Body Program, Delicately Balanced
for Cleansing, Detoxification & Elimination

**PART
ONE** : Multi-Herb Digestion
& Detox Support™

Support Digestion & Wellness*

**PART
TWO** : Multi-Herb
Colon Cleanse™

Support Colon Health & Regularity*

BOTTLE 1: 120 TABLETS

DIETARY SUPPLEMENT

BOTTLE 2: 120 TABLETS

**TAKE CONTROL
of
YOUR HEALTH**

Experience the Sensation
of Whole-Body Wellness...

Detoxify • Cleanse • Rebuild

Who is Nature's Secret?
At Nature's Secret® we believe that total
body wellness is the key to overall health.

The conventional approach to health sees the body as a
set of separate parts, each needing their own separate
treatments. Take a look at the way our medical system
is organized - from cardiologists to dermatologists, we
have a doctor for nearly every body part. But nature has
a well-kept secret... there is no separation between any
of our systems. They are all intricately connected in a
brilliant dance only nature could orchestrate. At Nature's
Secret®, we develop our products using this whole-body
philosophy.

We understand, for example, that sluggish digestion
can lead to low energy levels and shouldn't always be
supported with caffeinated energy tablets. Our approach
focuses on the origins of imbalance, not the signs of
imbalance. This is Nature's Secret®, total body wholeness
and wellness.

www.NaturesSecret.com

DIRECTIONS: (Adult) Multi-Herb Digestion & Detox Support™ and Multi-Herb Colon Cleanse™ are designed to be taken together in the morning and evening with a full glass of water. Start with one (1) tablet of both products in the morning and one (1) tablet of both products in the evening, increasing intake of both products by one (1) tablet every other day until you achieve 2-3 formed bowel movements per day. Do not exceed three (3) tablets of each product twice per day. Once you find the correct number of tablets, you can continue with that amount for enhanced internal cleansing for up to 30 days. Do not exceed 30 days of continual use of this product. Drink 8-10 glasses of water per day. See product insert for more information.

MULTI-HERB DIGESTION & DETOX SUPPORT™

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 120

	Amount per Serving	% Daily Value
Total Carbohydrates	1 g	<1%**
Calcium (as Calcium Carbonate)	60 mg	5%
Iron	0.4 mg	2%
Iodine (as Kelp from Proprietary Blend)	13 mcg	9%

Proprietary Blend 640 mg †
Alfalfa powder (leaf), Fenugreek powder (seed), Dandelion (Taraxacum officinale) powder (root), Fennel powder (seed), Yarrow (Achillea millefolium) powder (flower), Eleuthero extract (0.8% eleutherosides) (root), Green tea extract (50% polyphenols, 6% caffeine) (leaf), Hawthorn (Crataegus monogyna) powder (fruit), Horsetail (Equisetum arvense) powder (aerial), Licorice (Glycyrrhiza glabra) powder (root, rhizome), Marshmallow powder (root), Peppermint powder (leaf), Red Clover powder (flower tops), Red Raspberry (Rubus idaeus) powder (leaf), Safflower Oil powder (flower), Skullcap powder (herb), Burdock (Arctium lappa) powder (root), Chickweed powder (aerial), Mullein (Verbascum thapsus) powder (leaf), Papaya powder (leaf), Black Cohosh powder (root and rhizome), Clubmoss powder (herb), Ginger powder (rhizome), Ginkgo extract (4:1) (leaf), Irish Moss (Chondrus crispus) powder (whole plant), Kelp (Laminaria sp.) powder, Plantain powder (leaf), Slippery Elm powder (bark), Yellow Dock powder (root), Milk Thistle extract (80% silymarin) (seed), Cayenne powder (fruit), Echinacea angustifolia powder (root)

**% Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, silicon dioxide, natural mint flavor, methylcellulose, sodium starch glycolate, soy polysaccharides, glycerin and maltodextrin.

Contains: Dairy, Soy
No artificial colors or preservatives.

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including diuretics, heart medications and corticosteroids, or have any medical conditions. Do not use if you have an intestinal obstruction, hemorrhoids or other intestinal disorder. Do not use if you are taking any other product concurrently that has laxative effects. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.** Taking this product without adequate water may cause choking. NOTE: This product is not intended to be used without breaks. Cascara Sagrada belongs to a family of plants containing compounds with laxative effects. Can lead to dehydration and electrolyte loss. With long-term use without breaks, this ingredient may interfere with diagnostic imaging procedures of the colon. Taking a break of 30 or more days between use cycles will help maintain natural regularity. Not intended for long-term use.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

NOTICE: This product contains Cascara Sagrada. Read and follow the directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

MULTI-HERB COLON CLEANSE™

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 120

	Amount per Serving	% Daily Value
Total Carbohydrates	1 g	<1%**
Calcium (as Calcium Carbonate)	98 mg	8%
Proprietary Blend	557 mg †	

Cascara Sagrada powder (bark), Fennel powder (seed), Psyllium powder (seed husk), Ginger powder (rhizome), Acacia Gum, Alfalfa powder (herb), Apple Pectin powder (fruit), Apple powder (fruit), Barley Grass powder (aerial), Beet powder (root), Glucomannan, Karaya Gum, Lemon Peel powder (peel), Oat Bran powder, Peppermint powder (leaf), Red Raspberry (Rubus idaeus) powder (leaf), Slippery Elm powder (bark), Chlorella powder, Guar Gum, Lactobacillus acidophilus (1 million/g**)

**% Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Stearic acid, hydroxypropyl cellulose, microcrystalline cellulose, silicon dioxide, croscarmellose sodium, natural anise flavor, methylcellulose, magnesium stearate, sodium starch glycolate, soy polysaccharides, glycerin and maltodextrin.

*** At time of manufacture.

Contains: Dairy, Soy
No artificial colors or preservatives.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PST)
Questions@NaturesSecret.com

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
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Ultimate Cleanse®

Our digestive system is faced daily with the difficult task of not only breaking down and absorbing food, but also filtering harmful chemicals and toxins from our environment as well. Ultimate Cleanse® offers a unique, 2-part program that works with the body's own internal detoxification systems to cleanse and detoxify through the digestive tract.*

The two products in Ultimate Cleanse® are Multi-Herb Digestion & Detox Support™ and Multi-Herb Colon Cleanse™. Both formulas include a proprietary blend of nutrients and are designed to be taken together for best results.*

PART 1: MULTI-HERB DIGESTION & DETOX SUPPORT™

This formulation includes herbs that are traditionally used to support digestive function.* This proprietary blend works to support optimum health and a feeling of rejuvenation.*

PART 2: MULTI-HERB COLON CLEANSE™

This formulation includes a variety of targeted herbs, plus soluble plant nutrients to support colon detoxification and help promote 2-3 bowel movements per day.* This proprietary blend supports the body's own natural cleansing functions through more frequent waste removal.* It is designed to enhance digestion and elimination.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.