## SUPPLEMENT FACTS

	Amount Per Serving	%Daily Value
Calories		2%
Calories from Fat	0 g	0%
fotal Fat		0%
Saturated Fat	0 g	8%
Cholesterol	0 g	0%
Sodium	180 mg	10%
Potassium		3%
fotal Carbohydrates	120	4%
Sugars	5 a	2%
Protein	0 a	0%
Fitamin C		833%
/itamin B-6	10 mg	500%
/itamin B-12		12575
olate		10%
flagnesium	200 mg	50%
Phosphorus	200 mg	23%
Arnge Krush Proprietary Blend		**

Acetal I Turosine I Turosine Siberian Rhodiola Rosea (5% Resource & 3% Salidrosides) Ginkop Biloba 24/6. Vincocatina 99%, Vincamina 99%, Vinburnina 99%, Huperzina, Idabenona,

Glucuronalactone, Naringin, Time Released Enteric Coated Caffeine.

Exclusive poly-lipid coated, big-available alpha lippic acid compound, alpha lippic acid 4-hydroxyisoleucine.

† Percent Daily Values based on a 2000 calorie diet. \*\*Daily Value Not Established

Other Ingredients: Maltodestrip, Fructose, Citric Acid, Malic Acid, Natural & Artificial Flavors, Magnesium Oxide, Sucratose Acesulfame Potassium. Electrolyle Reglenishing Factors: Potassium Phosphate. Calcium Phosphate. Sodium Phosphate

lasting pumps and new levels of lifting capacity.

Arginine & Kre-Alkalyn™ PUMP EXPLOSION Two Anabolic Patents **Eight Hour Time** Released Compound

ADVANCED DIETARY SUPPLEMENTS

780 grams

Directions: Training Day: Mix 1 - 2 scoops with 8 - 12oz of water approximately 30 minutes prior to training. Drink at a slow page whereas the serving is completely consumed just before warm-up begins. For best results, do not take within 30 minutes of eating a meal or protein intake. Non-Training Day: Take 1 scoop with 4- 60z of water in the morning or mid afternoon. For best results, do not take within 30

minutes of eating a meal or protein intake. \*Do not drink within four hours when sleep is desired Avrage Kirushim renews the standard for pre-workout formulas. An innovative dual patent formula delivers the first eight hour time

released nitric oxide pump with an ATP surge equivalent to over 10 grams of creatine monohydrate. Massive muscle pumps combined with enduring strength and time released molecular technology makes Arnoe Krush the intelligent choice for performance enhancement\*. Alkalyzed Nitro Krushin features a molecular bonded sustained released (and patented) L-Arvinine for eight hour envoying pumps.

Also included is the fantastically successful (and patented) Kre-Alkalyn . Laboratory tested to be 10 times more powerful than creatine. Focal Krush<sup>re</sup> joins the mind and body to an invigorating level of concentration and intensity. Distractions will soon fade to black as focus and motivation escalate to a favored pitch of eagerness\*.

the Kre-Alkalyn in Arnge Krush offers all the benefits of 10 grams of creating per scoop without the unwanted side effects.

Enduro Krush<sup>(\*)</sup> also fuels the body with time released technology. Experience how sustained absorption of pure energy can elevate performance capabilities to new heights\*.

Alpha Krush is a one of a kind nutrient transport and volumizing complex. The poly-lipid coated compound increases the volume and speed of nutrient uptake producing a synergistic powerhouse of strength and endurance.

WARNING: Individuals sensitive to stimulants should begin use with half the recommended dosage (1-2 scoops) to help access your tolerance. Never exceed recommended daily intake. Do not use for more than 6 months. Consult a physician or licensed qualified health care professional before using this product if you have or have a family history of (but not limited to); heart disease, thyroid disease, diabetes, high blood pressure, hypertension, hypotension, recurrent

headaches, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, if you are using a monoamine oxidase inhibitor (MAOI) or any other prescription drug or over-the counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine (found in certai allergy, cough/cold, and weight control products). Do not use if pregnant or nursing or are contemplating pregnancy. Reduce or discontinue use if excessive sleeplessness, tremors, dizziness, headaches or heart

Manufactured for and distributed by: BioRhythm-ADS

