

Suggested Use: Mix 1/2 scoop in 6-8oz water 20-30 minutes before your workout. Once tolerance has been assessed, you may use one full serving (1 scoop.) A slight tingling sensation is normal and is due to the beta alanine. Be sure to stay hydrated and have a great workout!

WARNING: Product contains 200mg of caffeine per serving. Do not consume more than one serving over 3-4 hours. Do not exceed more than 2 servings per day. Do not use if sensitive to caffeine. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Consult a physician before use if you are pregnant, lactating, have a medical condition (including but not limited to, hypertension or thyroid conditions), or taking any medication. Not recommended for use by children under 18 years of age. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ALANINU.COM

Alanin

PRE-WORKOUT
MIMOSA
NATURALLY FLAVORED



ENERGY*
ENDURANCE*
PUMP*

20
SERVINGS

DIETARY SUPPLEMENT
NET WT. 7.1OZ | 2026

Supplement Facts

Serving Size: 1 Scoop (10.1g)
Servings per Container: 20

| | Amount Per Serving | %DV |
|---|--------------------|-----|
| L-Citrulline Malate 2:1 | 6 g | ** |
| Beta-Alanine | 1.6 g | ** |
| L-Tyrosine | 500 mg | ** |
| Caffeine (from <i>Coffea arabica</i> [Bean] Extract) | 200 mg | ** |
| L-Theanine | 200 mg | ** |

†Daily Value (DV) Not Established

Other Ingredients: Natural Flavors, Silica, Sodium Citrate, Turmeric Extract (Natural Yellow Color), Sucralose, Acesulfame Potassium, Beet Root (Natural Red Color).

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.

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