Suggested Use: Add 1 scoop to 6-8oz of water or a beverage of your choice and mix thoroughly. Enjoy anytime during the day to help meet your protein requirements.

WARNING: Consult your physician before use if you are pregnant, lactating, have a medical condition, or are taking any medication. Very low calorie protein diets (below 400 calories per day) may cause serious illness or death. Do not use for weight reduction in such diets without medical supervision. Not for use by infants, children, or pregnant or nursing women. **KEEP OUT OF REACH OF CHILDREN** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

vers.3-12.15.2020

GLUTEN FREE

SUGAR FREE

VEGAN

ALANINU.COM

Alani Nu

PLANT PROTEIN

FRUITY CEREAL™

NATURALLY FLAVORED

HIGH QUALITY PROTEIN*

RECOVERY*

MUSCLE GROWTH*

WITH WATERMELON & PUMPKIN SEED

25 SERVINGS

DIETARY SUPPLEMENT

NET WT.1LB 10.5OZ | 753G

Supplement Facts

25 Servings Per Container

Serving Size **1 Scoop (30g)**

Amount per serving

Calories **110**

	% Daily Value†
Total Fat 1g	1%
Monounsaturated Fat 0.5g	
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	
Calcium 20 mg	2%
Iron 5 mg	30%
Phosphorus 160 mg	15%
Sodium 150 mg	8%
Cholesterol 0g	0%

†The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: Pea Protein Isolate, Watermelon Seed Protein, Organic Pumpkin Seed Protein, Clean Cream (High Oleic Sunflower Oil, Modified Food Starch (Tapioca), Tapioca Maltodextrin, Natural Flavor, Contains 2% Or Less Of Each Of The Following: Silicon Dioxide, Mixed Tocopherols), Stevia, Guar Gum, Natural Flavor, Silica and Monk Fruit.

Our premium blend of watermelon seed, pumpkin seed, and pea protein is the perfect combination of ingredients to ensure optimum texture and flavor.

Distributed by: Alani Nu

Alani Nutrition LLC
Po Box 35159 | Louisville, KY 40232

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also handles products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts