



Physician's Daily™

Multivitamin + D3

- *High Dose D3*
- *Methylated B12 & Folate*
- *Vegetarian*

Dietary Supplement • 60 capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	%Daily Value**	
Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids)	1,050 mcg (3500 IU)	117%
Vitamin C (as Ascorbic Acid)	160 mg	167%
Vitamin D3 (as Cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg (30 IU)	134%
Vitamin K2 (as Menaquinone-7)	50 mcg	42%
Thiamine (as Thiamine HCl)	5 mg	417%
Riboflavin (as Riboflavin 5-Phosphate)	3.5 mg	269%
Niacin (as Nicotinamide)	20 mg	125%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	284%
Folate (as [6S]-5-Methyltetrahydrofolate Acid)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,800%
Pantothenic Acid (as Ca Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	25 mg	8%
Iodine (as K Iodide)	150 mcg	100%
Zinc (as Zn Citrate)	25 mg	227%
Selenium (as Selenomethionine)	50 mcg	91%
Manganese (as Mn Citrate)	2 mg	87%
Chromium (as Cr Polynicotinate)	200 mcg	871%
Molybdenum (as Molybdenum Glycinate Chelate)	75 mcg	167%
Coenzyme Q10	50 mg	†
Alpha Lipic Acid	50 mg	†
Inositol	25 mg	†
Lutein	3 mg	†
Boron (as B Amino Acid Chelate)	1 mg	†
Lycopene	500 mcg	†
Zeaxanthin	500 mcg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Vegetarian Cellulose (Capsule), Microcrystalline Cellulose, Vegetarian Lecithin.

Free of: Gluten

GMO-free

Suggested Use: As a dietary supplement, take 1 capsule daily with food, or as directed by your health care professional.

Cautions: If pregnant or nursing, consult your health care professional before use.