

Suggested Use: As a dietary supplement, take 2 capsules twice per day, with or without meals, or as directed by your healthcare practitioner.

Free of: tree nuts, peanuts, wheat and gluten.

Caution: If pregnant or nursing, consult your healthcare practitioner before using.

Keep out of reach of children.

Store in a cool dry place.

**AVAILABLE ONLY THROUGH
HEALTH CARE PROFESSIONALS.**

1.800.755.3402

www.ResearchedNutritionals.com

Distributed by:

Researched Nutritionals, LLC

Los Olivos, CA 93441

**RN162
LRev: 1018**



BDNF EssentialsTM

Neuroplasticity Support Formula^{*}

- *Promotes Healthy BDNF Formation^{*}*
- *Supports Normal Cytokine Levels^{*}*
- *Nurtures Healthy Cognitive Function^{*}*

Dietary Supplement • 120 capsules

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Serving	%Daily Value**	
--------------------	----------------	--

Choline (as Cytidine Diphosphate Choline Sodium Salt)***	25 mg	5%
---	-------	----

Sodium (as Cytidine Diphosphate Choline Sodium Salt)***	5 mg	<1%
--	------	-----

NeuroCyto ProtectTM Blend	1175 mg	†
Lions Mane Mushroom (<i>Hericium erinaceus</i>) mycelium Powder, Skullcap (<i>Scutellaria lateriflora</i>) Herb Powder, Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract, Bacopa (<i>Bacopa monnieri</i>) Herb Powder, Sensori [®] Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract		

Cognition Blend	175 mg	†
CDP Choline Sodium Salt, Sharp-PS [®] Phosphatidylserine		

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Leucine.

***Sodium and Choline are from Cognition Blend
Sensori[®] is a registered trademark of NutraGenesis, LLC.
Sharp-PS[®] is a registered trademark of Enzymotec USA, Inc.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**